

Estd: 1995

# AMBIKA SISHU KENDRA



Institute for Cerebral Palsy, Mentally Retarded,  
Autistic and Multiple Disabled Children  
44/86-C, Prakash Nagar, KURNOOL – 518004  
A UNIT OF HEMCHAND DEVCHAND CHARITIES TRUST, KURNOOL.

## ANNUAL REPORT (2016 – 2017)



**“Life is short. Vanities are transient.  
But they live alone who live for others.”**

**- ‘Swami Vivekananda’**

## **Acknowledgements:**

Hemchand Devchand Charities Trust has created history in Kurnool town for the excellent and innovative services to the Special Field. It has inspired and attracted many service-oriented individuals and institutions, who have offered their services, support, suggestions and solutions for better facilities at the Centre. The team at Ambika Sishu Kendra is grateful to the dedicated folk of doctors, volunteers, patrons and well-wishers. All the credit for the successful functioning goes to the various governmental and voluntary organisations linked through Net Working. They are ---

- 1. Govt. of A. P, Welfare of Disabled & Senior Citizens (Kurnool Dist.)**
- 2. The National Trust, New Delhi**
- 3. Indian Institute of Cerebral Palsy, Kolkata**

**Our special thanks are due to our Managing Trustee and the Trustees, who are with us through thick and thin and for being our guides and mentors. They are-**

- 1. Sri Kantilal H Shah**
- 2. Sri Dilip Kumar H Shah**
- 3. Sri Abhay Kumar C Shah**
- 4. Sri Jayant Kumar C Shah**
- 5. Sri Nitin Kumar K Shah**
- 6. Sri Nalin Kumar K Shah**
- 7. Sri Neelesh D Shah**

**Our Special Acknowledgements are to our team of doctors-**

- 1. Dr. C. Nagesh - Pediatrician**
- 2. Dr. W. Seetharam - Neuro Surgeon**
- 3. Dr. P. Manju Sri - Homeo Doctor**
- 4. Dr. N. Bhargavi - Homeo Doctor**
- 5. Dr. Anil Kumar - Ophthalmologist**

**We are very grateful to our donors -**

“You have not lived today until you have done something  
for someone who can never repay you.”

- ‘John Bunyan’

**Single drops collected together make an ocean. The voluntary contributions in cash and kind  
not only enrich our services but also enable many volunteers into our fold of service.**

**Well- Wishers:**

- Dr. S. Lokesh, Tirupati.
- Mr. Sunil Abraham, Knl.
- Mr. D. Muralidhar Reddy
- Mr. C.P. Pandu Ranga, Knl.
- Mr. B. Peddaiah, Knl.
- Mr. Punamchand Shah, Mumbai
- Mr. Chaganraj Jain, Knl.
- Mr. L. Murali Mohan, Knl.
- Dr. Ramesh M Shah, Khirkiya
- Mrs. C. Aruna, Knl.
- Ms. Vidhusha Varma, Knl
- Mr. M.N.V. Prasad Reddy, Knl.
- Mr. B.Y. Ramaiah, Knl.
- Master G. Tarun, Knl
- Mr. Latharamesh, Salem.
- Mr. Dilip Jain, Knl.
- Mr. Sailesh S Shah, Coimbatore
- Mr. T. Pallavi, Knl.
- Mr. M. Sujatha Narayana, Knl.
- Mr. Tarun Maity, Knl.
- Mr. K. Nagaraju, Knl.
- Mr. Harishankar Narayana, Knl.
- Mr. Amaan Hussain, Knl.
- Master B. Sethuram Gandharva
- Mr. K. Visweswar Reddy, Knl.
- Mrs. N.V. Chalapathi Rao, Knl.
- Mr. E. Venkateswamy, Knl.
- Mr. J.J. Rao, Knl.
- Mr. Khaja Modin, Knl.
- Mr. S. Srikar Nag, Raichur.
- Master Mani Kanta Sai, Knl.
- Ms. Durgambika, Knl.
- Master Lawrence Jaya Sekhar, Knl.
- Master Ganesh Kumar Reddy, Knl.
- Mr. Ansar Ahmed, Knl.
- Mr. B.V. Swaroop Sinha, Knl.
- Mr. B. Lakshmi Prasad, Knl.
- Mr. T. Mukesh, Knl.
- Mrs. P.Rama Laskhmi
- Mrs. Jayashreeben and Rajnibhai Kadiwar, U. S.A.

**Trusts, Charities & Organisations:**

SERWDS(Sai Educational Rural & Urban Development Society)

Lilavati & Maneklal Shah Charitable Trust.

Ramakant Vrijlal Doshi Charitable Trust, Chennai.

Kurnool Dist. Teluga, Kapu, Balija Sangam, Kurnool.

III year EEE Students of G.Pullaiah College of Engineering and Technology, Kurnool.

**Schools & Colleges:**

G.Pullaiah College of Engineering and Technology, Kurnool.

Ravindra Degree College, Kurnool.

St. Joseph’s College, Kurnool.

Sister Stanislas English School, Kurnool.

Ravindra Vidya Nikethan, Kurnool.

Montessori School, Kurnool.

Srilakshmi High School, Kurnool.

## Vision

A society in which all the challenged individuals are an integral part.

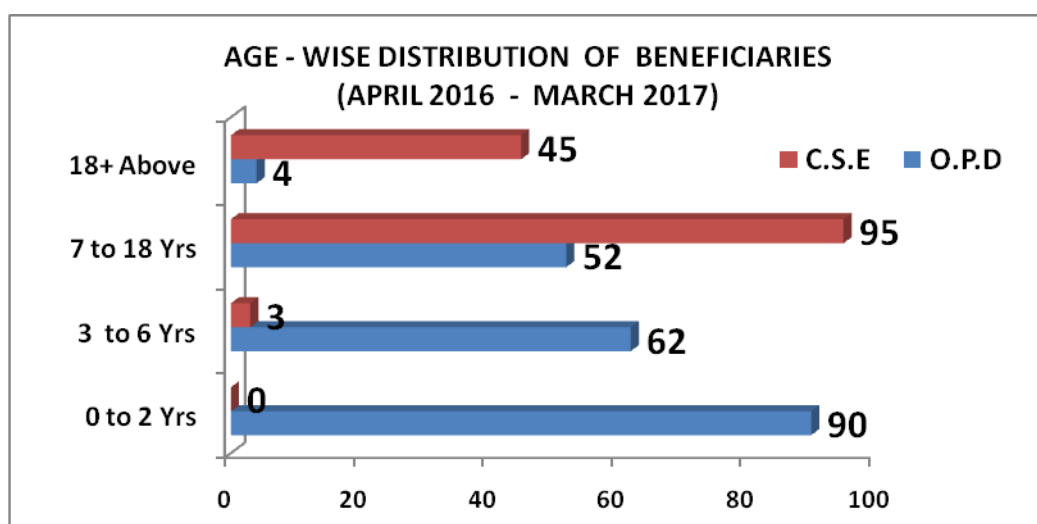
## Mission

Ambika Sishu Kendra drafts a goal based programme towards self-help & employability for persons with disability to achieve satisfactory Personal Life & Economic Empowerment.

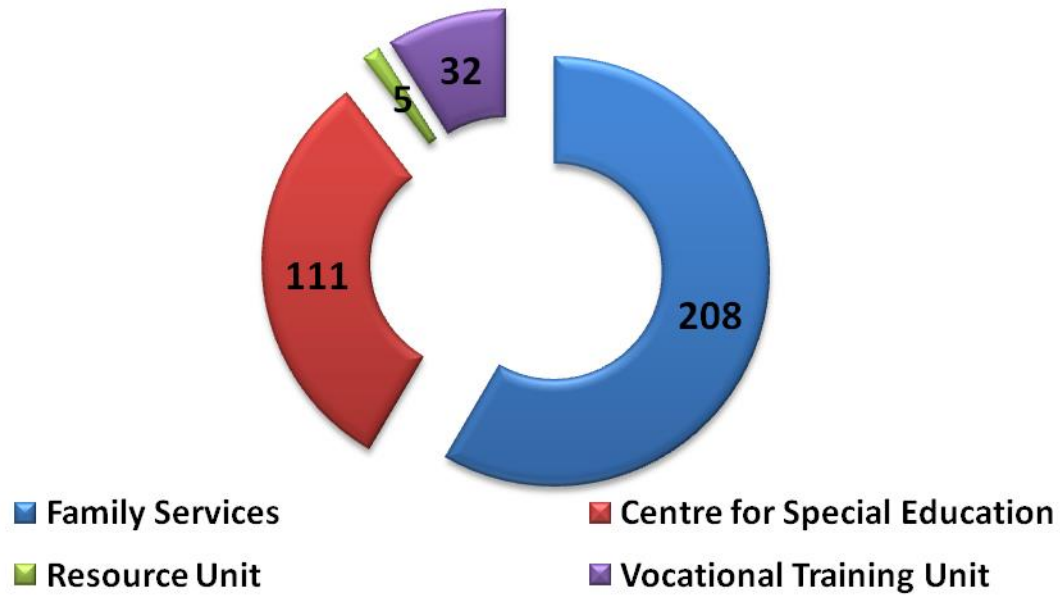
The ambience at Ambika Sishu Kendra, symbolises love, care, concern, guidance, sympathy, rehabilitation strategies, goal-based training for interdependent living and bringing cheer and confidence on the faces of the parents, having Special Children. It is the dream venture/ project of Hemchand Devchand Charities Trust. The Trust called 'HDCT' for short, was established in November 1968 by Sri Shah Hemchand Devchand with the noble zeal to uphold social responsibility and belongingness. Ambika Sishu Kendra, a school for the children with special needs was started in September 1995, aiming at training and rehabilitation of the children diagnosed with Cerebral Palsy, Autism, Mental Retardation and Other Multiple Disabilities. The priceless academic and therapeutic services are available for no price for all.

The Centre running in four floors with the plinth area of 5,600 sq. ft in each floor, is the final destination for the differently abled children in the entire Rayalaseema region.

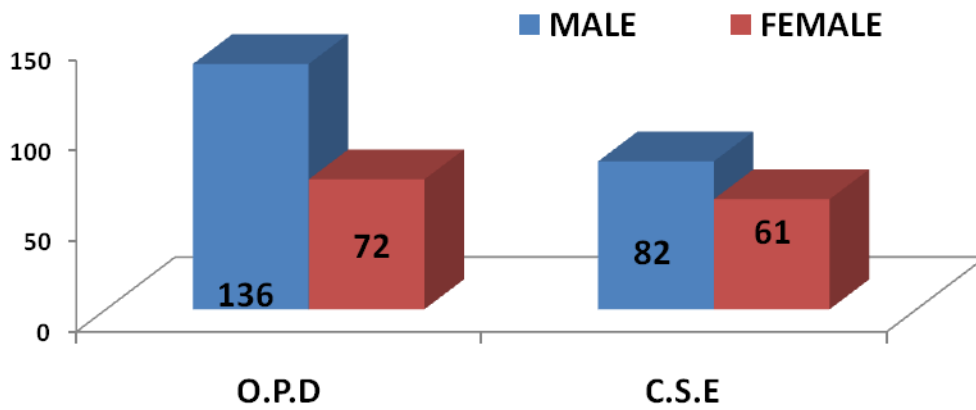
Ambika Sishu Kendra is striving hard to create a society in which all the challenged individuals are an integral part. The training programme at Ambika Sishu Kendra rests entirely on the two focal points i.e self-help and employability on which the personal and social life depend. So far, **5,644** beneficiaries from Kurnool dist. and the neighbouring districts have been benefited by our services. There are **143** students in the Centre for Special Education and approximately **30** cases attend the Out Patient Department every day.



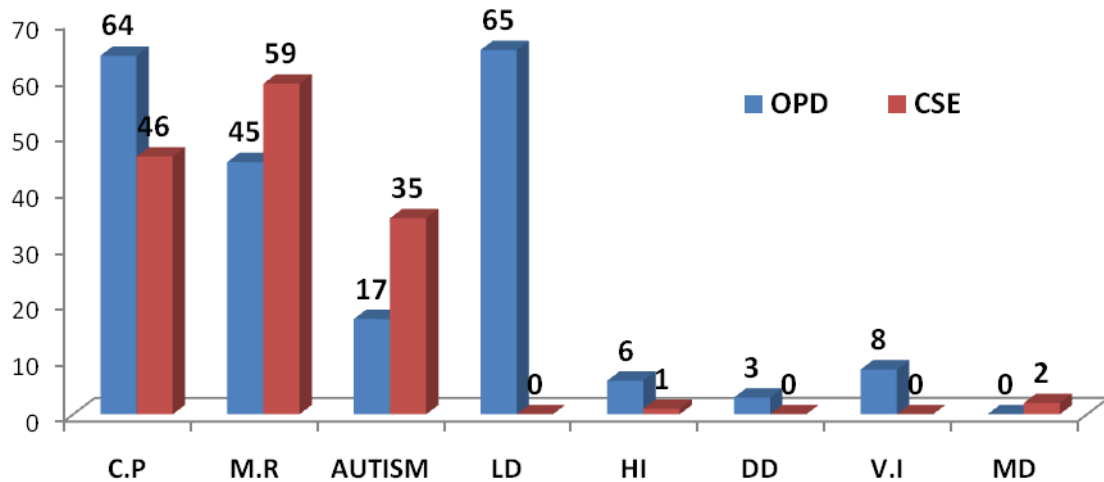
**DETAILS OF BENEFICIARIES (APRIL 2016 - MARCH 2017)**



**SEX - WISE DISTRIBUTION OF BENEFICIARIES (APRIL 2016 - MARCH 2017)**



**PROBLEM - WISE DISTRIBUTION OF BENEFICIARIES (APRIL 2016 - MARCH 2017)**



The above statistical details clearly emphasise the need for a special focus and remedial intervention aiming at bringing the special children under the umbrella of Rehabilitation and Parent Counselling. The environment at Ambika Sishu Kendra revolves round the child, creating and re-creating the entire scenario for the all round development of the child.

The visit to our Centre is very rewarding as you are exposed to the Special World and its intricacies. Let us begin the journey!

### **Safety- Our Buzz Word:**

Ambika Sishu Kendra believes in ‘Safety first and Services Next.’ The entire premises is accessible to the children in the wheel chairs and for those getting trained in mobility. CC TV Surveillance, recording the visitors entering the Centre and checking the attendance before the children leave for their homes ensure their safety and prevent any form of abuse. Kudos to the dedicated professionals, therapists and the service staff for their relentless efforts for the safety of our children!



**Security Watch**



**Signing the Visitors' Register**



**CC TV Surveillance**



**Fire Extinguisher**



**Elevator**



**Ramp**

### **Health Care Services:**

In tune with the motto “Sound mind in a sound body”, medical care and monitoring the health of the students are of utmost importance at our Centre. Thanks to the voluntary services offered by the Pediatrician, Neuro Surgeon and Homeo Doctors.



**Diagnostic Clinic**



**Homeo Clinic**



**Neuro Clinic**

## **Physical Management and Sensory Integration Training:-**

Most of the children diagnosed with Cerebral Palsy and neuro-motor disabilities receive opportunity for rehabilitative health care that aims to promote and restore motor developmental skills through exercise and activities. Hence the children are properly assessed and therapy is given to improve the functioning of their limbs and their mobility. The therapists also focus on developing the muscle strength, decreasing the contractures and deformities. The sensory imbalances are corrected in slow degrees so that it will also contribute to over-all betterment.

Early Intervention is a feather in the cap as the early diagnosis and correction help the children below 3 years to pick up faster and there are ample chances that the disability rate can be controlled and attempts can be made to mainstream them.



**Early Intervention**



**Physio Therapy**



**Sensory Therapy**



**Mobility Training**

## **Speech & Communication:**

Effective communication is one of the vital requirements in the civilized world. The Speech Department at Ambika Sishu Kendra works on vegetative functions through oro-motor therapy. Oro-motor vibration reduces oro-motor sensitivity and improves oro-motor speed and strength. With 110 students from the Centre for Special Education, 98 students from the Out Patient Department and 5 students from the Resource Unit, there are 213 students taking the speech therapy sessions. Around 70% of them have improved in vegetative skills and communication.



**Oro Motor Therapy**



**Communicating using Communication Board & Picture Book**





**Baby Deekshitha**, aged 6 years, diagnosed with Mental Retardation, who was able to understand only simple commands and was communicating through gestures, with one year training is able to follow two - stage related commands and can use 30 -35 simple nouns in her conversation. Recognizing all familiar objects, she communicates in phrases. We are confident that she will pick up more vocabulary at a faster rate.

### **Different Facets in the Training Programme :**

The training module starts at the Out Patient Department, where the child is prepared for the regular routine in the school. The programme also is in a phased manner with major stress on the activities of daily living and then functional and general academics. The students, who are admitted into the Centre for Special Education are housed in different units based on what skills they need and what activities they can participate in.

### **Out- Patient Department:-**

The training process for independent living starts in the Out- Patient Department, where the child is first diagnosed, assessed and the activities and therapy are designed based on the needs and the ability of the child. Either of the parents or the caretaker, who escorts the child is instructed and trained to continue the training programme at home. Regular attendance to Out- Patient Department and the consistent improvement enable a child for admission in to the Centre for Special Education, where in a systematic programme for interdependent living and economic empowerment is taken up.



Master Toufiq Ur Rahiman, aged 9 years, diagnosed with Mental Retardation, an epileptic since birth and non- speaking with many behavioural tantrums, was a cause of worry to his parents. He was brought to Ambika Sishu Kendra in May, 2016. The child, who insisted on having mother beside him and who had no sitting and concentration, is presently attending the classes without mother and is slowly progressing in self-help skills and sight reading. He will be admitted into the Centre for Special

Education in the academic year 2017-2018.

### **Primary Unit:**

As the name indicates, the children between 4 and 12 years, are admitted in to the Primary Unit. The Unit mainly focusses on accommodating the child to the school environment. The child is trained through various types of prompts such as Physical, Verbal and Gestural Prompts to follow the instructions and commands and to indicate his/her basic needs, his/her belongings and learn social skills like recognising and greeting familiar and unfamiliar people and practice self- help skills in his/her daily routine. The child is also introduced to basic skills, pre- number concepts and pre- reading skills.



**Syeda Arshiya Fathima**, aged 9 years, diagnosed with Autism, had many behavioural problems, did not have self-help skills and lacked socialization also. Four years of training at Ambika Sishu Kendra improved her attention span, communication skills and pre-writing skills. She is independent in eating, drinking and dressing and does brushing and bathing under supervision.



### **Open Learning Unit:**

Open Learning Unit is the hub of the academic activity, where the children well-versed in sight reading, are taught reading and writing the alphabet, words and lastly sentences. The literate children are taught elementary Maths, Science and Telugu and we have the plans to send them for Open Basic Education exams. The students in this Unit participate enthusiastically in games and cultural activities.



Master Mani Paul, aged 14 yrs., diagnosed with Mental Retardation, joined the Out- Patient Department in January, 2013. The boy, who was not trained in self-help and adamant to hold the pencil and write, presently reads and write simple sentences in English, two to three letter words with matras in Telugu and does simple double digit additions and subtractions in Maths. He is independent in self-help too. Above all, he volunteers to help his classmates.

### **Functional Academics and Pre-Vocational Unit:**

This Unit is a preparatory for the training in any vocation so that the children can take up any job and be economically independent. Hence they are taught pre-vocational skills and functional academics there by promoting self-help skills, personal hygiene, behaviour modification and socially acceptable reactions and responses.



Jayanthi, aged 14 yrs. and diagnosed with Mental Retardation, has improved in work habits and understanding. She follows the instructions and helps in the domestic chores. She is independent in self- help. She has shown considerable improvement in Academics and Social Behaviour.

### **Hands-On Training for a Living :**

We strongly believe in making our children economically independent so that not only our children but also their parents feel happy and confident. The children, who are trained in pre-vocational skills are introduced to different vocations based on their physical abilities and grasping skills. We have different activities like making phenyl, liquid soap, files, note books, masala powders and also the catering unit. These activities promote hand function, eye - hand co-ordination, revision of academics and working in groups. The training given to the girls in domestic chores enables them to be of use to their mothers at home. Our students also earn stipend and we are trying to find suitable placement for them.



Ms. K. Pranitha, aged 23 yrs. diagnosed with Mental Retardation, has shown considerable progress in Functional Academics and Elementary Mathematics. She is trained in the domestic activities like making chapati, poori, rice, curries etc. and can also weigh items. She participates in cultural activities with a great zeal.

## Activities at the Vocational and Domestic Units



**Packing**



**Weighing**



**Sealing**



**File Making**



**Phenyl & Liquid Making**



**Paper Bags**



**Preparing Rakhis**



**Training at the School Shop**



**Diya Painting**

### Computer Literacy:

Computer literacy facilitates the training programmes for self-help and academics as the children listen to the rhymes and stories, observe and imitate the actions, learn and revise the academics through audio-visual cues. Computer class also controls some of their behavioural issues and improves their attention and concentration. The adaptations to the mouse and the keyboard encourage our children to learn the skill with ease.



**Master Srinivasulu**, aged 13 years, diagnosed with Cerebral Palsy, with normal I.Q, had the difficulty in working on the Computer. But with the adaptations such as the Clevy Key Board, Big Track Ball and the Adaptive Mouse, he types questions and answers, tables, days of the week etc., He has learned computative skills, concepts of money and even saving the document.

## Music Therapy:

Music Therapy is very much recommended for the individuals with behavioural imbalances and emotional disturbances. It heels, soothes and comforts them. The children diagnosed with Autism have an inherent flair for music. We have started teaching the Key Board and the Tabla for 7 students each. They attended the class initially for 5 minutes and presently they participate for 15 minutes. We wish to see our children performing the music numbers on the stage. That day is not far off!



**Mansoor at the Tabla**



**Shahid Junaid at the Key Board**

## Net working:

Our networking with different government and voluntary organizations like the National Trust and Indian Institute of Cerebral Palsy is very beneficial to us. We help the children in getting Niramaya Health Insurance, Medical Certificates, Legal Guardianship, Advocacy of their rights to name a few. We attend the camps for aids and appliances and facilitate the issue of the wheel chairs for the needy.



**Annual Meet at IICP, Kolkata**



**Uniform Distribution  
by Mr. Krishna Rao**



**SADARAM Camp**



## **Activities and Events:**

The Parents' Association takes an active part in all the celebrations at Ambika Sishu Kendra. New Year Day, Teacher's Day and the Annual Picnic are the occasions when the parents come together in the enjoyment and merry making. Our students are second to none in cultural activities. They enthrall the audience on the occasion of the Independence Day, Teacher's day, Children's Day, World Disabled Day etc. Our children participate in the rallies and display and sell their products in the exhibitions. We conduct World Down Syndrome Day and World Autism Day as inclusive programmes.



**New Year Celebrations**



**Independence Day**



**Teacher's Day**



**World Disabled Day**



**Picnic at Y.S.R Garden**



**Participation in Games and Sports**



**Down Syndrome Day**

## **Work Shops and Camps:**



**Workshop on Oro Motor Therapy & Deafblindness at SPASTAN**



**National Trust  
Workshop on SMS**

## **Man Power Training:**

### **Training Programmes and Workshops conducted at Ambika Sishu Kendra**

<b>Date</b>	<b>Topic</b>	<b>Conducted by</b>	<b>Attended by</b>
25.04.16 to 27.04.16	Heartfulness Meditation.	Shri Ramachandra Mission	Staff members.
02.07.16 to 26.11.16	Workshop on Behaviour Modification.	Ms.E.V.K.Bhagya Lakshmi,	In - Service Staff
	Workshop on AAC.	Ms.E.V.K.Bhagya Lakshmi, and Mrs.V. Mary Saroja	
	Workshop on ADL Management	Mrs. K.Pushpa Latha	
07.03.17	Inclusive Education for children with Autism in normal schools.	Mrs. V. Mary Saroja	Govt. School Teachers

### **Training Programmes, Workshops, Seminars and Meeting attended by the staff of A.S.K.**

<b>Date</b>	<b>Topic</b>	<b>Conducted by</b>	<b>Attended by</b>
17.06.16	Interactive Website and Schemes Management(SMS), Hyderabad	National Trust, NewDelhi.	Mr. Chandra Sekhar.
15.11.16	Meeting and sensitization program on Deaf blindness	SPASTN, Chennai	Mrs. K. Nirmala and Mrs. D. Krishna Veni.
28.11.16 to 30.11.16	Oro Motor Therapy for improving swallowing and speech in children with Neuro-developmental disorders.	SPASTN, Chennai	Mr.N. Surendra Babu
12.12.16 to 16.12.16	Workshop on Deaf blindness	SPASTN, Chennai	Mrs. K. Nirmala and Ms. Rahamath Khatoon
26.01.17	Managing Children with Behaviour Challenges using Sensory Integration	In SYNC Center for Child Development, Hyderabad.	Mrs.K.Venkata Subbamma & Mrs. S.Suseela
07.03.17	Substantive Content of new law on Disability Rights	IICP, Kolkata.	Ms.E.V.K. Bhagya Laskhmi and Mrs. D. Krishna Veni.

### **Awareness and Orientation Programmes at Ambika Sishu Kendra.**

<b>Date</b>	<b>Programme</b>	<b>Conducted by</b>	<b>Attended by</b>
17.06.16	Orientation Programme as a part of their Curriculum Course	Ms. E.V. K. Bhagya Laskhmi	Sree Sai College of Education, Kurnool.
22.07.16	Orientation Programme as a part of their Curriculum Course	Mrs. K.Pushpa Latha	4 <sup>th</sup> year B.Sc. Rayalaseema College of Nursing, Kurnool.
28.10.16	School Experience Programme(S.E.P)	Ms. E.V. K. Bhagya Laskhmi	Rayalaseema Christian College of D.Ed. Kurnool
18.11.16	Orientation Programme on Institutional Observation	Ms. E.V. K. Bhagya Laskhmi	1 <sup>st</sup> year students of Geetanjali D.Ed. College
02.12.16	Orientation Programme as a part of their Curriculum Course	Ms. E.V. K. Bhagya Laskhmi	K. S. R College of D.Ed. Kurnool.
09.12.16	Orientation Programme as a part of their Curriculum Course	Mrs. K.Pushpa Latha	2 <sup>nd</sup> year GNM students of Bhargavi School of Nursing, Kurnool
16.12.16	Orientation Programme as a part of their Curriculum Course	Ms. E.V. K. Bhagya Laskhmi	St.Joseph's D.Ed. College
17.01.17	Orienatation Programme on Clinical Experience	Mrs. K.Pushpa Latha	R.R. Christian College of Nursing, Kurnool
24.03.17	Orientation Programme as a part of their Curriculum Course.	Ms. E.V. K. Bhagya Laskhmi	B.Ed. students of I.A.S.E, Kurnool

**Staff Details:**

**Bindu N Shah**

**(Hon. Director)**

Sudha D Shah

**(Hon. Supervisor)**

D. Krishna Veni

**(Admin. Officer)**

E.V.K. Bhagya Lakshmi

**(Sr. Coordinator)**

**Physio Therapists:**

K. Pushpa Latha

K.Yella Nagaiah

G.Zaheeruddin

J.Swapna

G.Aliveili

V.Praveen Kumar

Syed Ikramullah

**Speech Therapist:**

N. Surendra Babu

**Vocational Trainers:**

R. Lavanya

M. Parvathi

**Art & Craft:**

K. Lakshmi

**Auxiliary Staff:**

Soma Bera

K. Manjula

J. Madhavi Latha

S. Farhana Parveen

P. Madhavi

M. Sunitha

M. Sukanya

Subhashini

S. Suseela

G.Lalithamma

A.Venkateswari

K.Bhagya Lakshmi

K.Venkata Subbamma

B.Sujatha

N.Janaradhanamma

S.Parijathamma

S.Suneetha

P.Soujanya

G.Shyamalamma

V.Prathyusha

M.Madhavi

A. Jyoti

A. Jaya Vani

C. Subhashini

G. V. N. Uma Maheswari

Mahammed Shakeera

**Special Educators &**

**Teachers:**

T. Venkataravanamma

K. Nirmala

V. Mary Saroja

G. Aruna

K. Sumitra

T. Aruna Kumari

G. Ramatholsamma

T. Nagamani

P. Rahamath Khatoon

G. Leelavathi

Shaik Imtiyaz Begum

**Computer Education:**

K. Chandra Sekhar

**Catering:**

G. Lalithamma

**Receptionist:**

B. Radha

**Office Assistants:**

P.Nazima Khatoon

K. Hari Krishna

B.Kiran

**Attenders:**

T. Lakshmi

N. Adilakshmi

B. Yashodamma

Ayyamma

K. Malleswari

C. Mounika

B.Lakshmi

B.Maheswari

M.Seshamma

Shaik Khairunnisa

**Watch Man**

D.Naga Bhushanam

**Our Team**



## **Staff Left:**

We thank the following members of the staff who resigned from their posts during the year for their contribution.

V. Prathyusha  
V. Praveen Kumar

N.Janaradhanamma  
J. Madhavi Latha

G.Aivelu  
M.Madhavi

## **Sad Demise:**

We regret to inform that Baby Ayesha Siddique passed away. We join her parents in their sorrow and pray that her soul may rest in peace.

## **Visitors:**

Many a visitor wishes to associate themselves with the Special Children at our Centre. Taking from the students of schools and colleges, even officials of high cadre and executives opt our institute, which for them is the centre for training the human resource. They draw inspiration from our work and carry with them memories for life.



**Lok Adalat Judge's Visit**



**Visit by Sri Bhaskar Reddy,  
Asst. Director, Disabled welfare.**

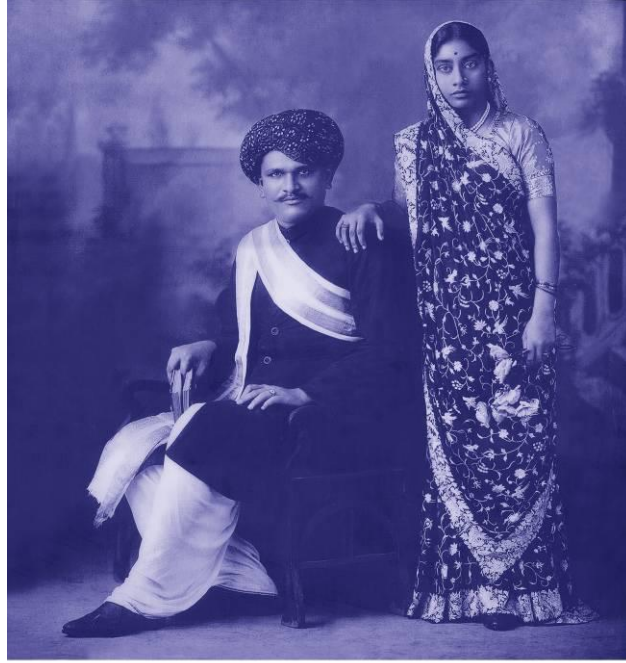
## **Quotes from Visitors:**

- ❖ Good initiative and good going. – Prof. Dr. Hannah Padma
- ❖ A very humbling experience! God bless and keep up the great work. – Mr. Anuj Doshi
- ❖ It takes people with a big heart to be doing such self – less service to the specially abled children. - Ramesh Krishnappa
- ❖ Great team work. Service is provided for a good cause. – Smt. J. Mamatha
- ❖ Great job! You people motivate us for doing service. – Anamika Tomar
- ❖ Humbling experience! Very organized Centre! Great work! – Mary Preethi (USA)
- ❖ Every entrepreneur should emulate this spirit of giving back something to the society. – T. Bala Krishna
- ❖ Excellent work done for the deserving children. It is equal to worshipping God. – Narendra J Doshi
- ❖ It is a nice experience to visit this place, doing a good work for the society. - Saheli Banik
- ❖ So happy that there are people committed and dedicated for the welfare of such kids. – Khushbu Doshi

## **Conclusion:**

The beautiful lines “ Act, act in the living present. Heart within and God over head!” give the route map for any aspiring individual or group. Equipped with well-laid out goals, teaching-learning material and suitable infrastructure, the teaching faculty and the therapists at our Centre strive hard to achieve inter-dependent living for the Special Children under their care. Blessings of the benevolent God, support from the gracious Management and sighs of relief from the parents boost up the Team at Ambika Sishu Kendra to march ahead with renewed zeal and vigour.

## OUR GUARDIAN ANGELS



**Sri. Shah Hemchand Devchand ( 1901 - 1983 )**  
**Smt. Manibai Hemchand ( 1907 - 1994 )**



**CHANDRAKANT HEMCHAND SHAH**  
**1933 - 2015**

**“The Life of a Man Consists  
Not in Seeing Visions  
And in Dreaming Dreams,  
But in Active Charity and in Willing Service.”**