

Estd: 1995

AMBIKA SISHU KENDRA



Institute for Cerebral Palsy, Mentally Retarded,
Autistic and Multiple Disabled Children

44/86-C, Prakash Nagar, KURNOOL – 518004

E-mail: askknl@yahoo.co.in, Website: ambikasishukendra.org
A UNIT OF HEMCHAND DEVCHAND CHARITIES TRUST, KURNOOL.

ANNUAL REPORT 2012-2013



It's a long journey between

“ HUMAN BEING... & BEING HUMAN.”

Let us travel atleast one step daily to cover the distance...

Acknowledgements:

Hemchand Devchand Charities Trust, though set up by a single family, is now an amalgamation of many like minded individuals and institutions who have come forward to extend their support, patronage, good will, blessings and good wishes. We sincerely acknowledge the services of the team of doctors, volunteers, donors, patrons, advisors and well wishers. We draw strength and support from different governmental and voluntary organisations with which we are linked through Networking. They are:

- 1. Govt. of A. P, Welfare of Disabled & Senior Citizens (Kurnool Dist.)**
- 2. The National Trust**
- 3. Indian Institute of Cerebral Palsy – Kolkata**
- 4. ARUNIM**

Our special thanks to our Trustees who are with us through thick and thin and for being our guides and mentors. They are-

- 1. Sri Chandrakanth H Shah**
- 2. Sri Kantilal H Shah**
- 3. Sri Dilip Kumar H Shah**

Our Special Acknowledgements to our team of doctors-

- 1. Dr. C. Nagesh - Pediatrician**
- 2. Dr. W. Seetharam - Neuro Surgeon**
- 3. Dr. P. Manju Sri - Homeo Doctor**
- 4. Dr. N. Bhargavi - Homeo Doctor**
- 5. Dr. Anil Kumar - Ophthalmologist**
- 6. Dr. S. Lokesh - Pediatrician**

Vision

A society in which all challenged individuals are an integral part.

Mission

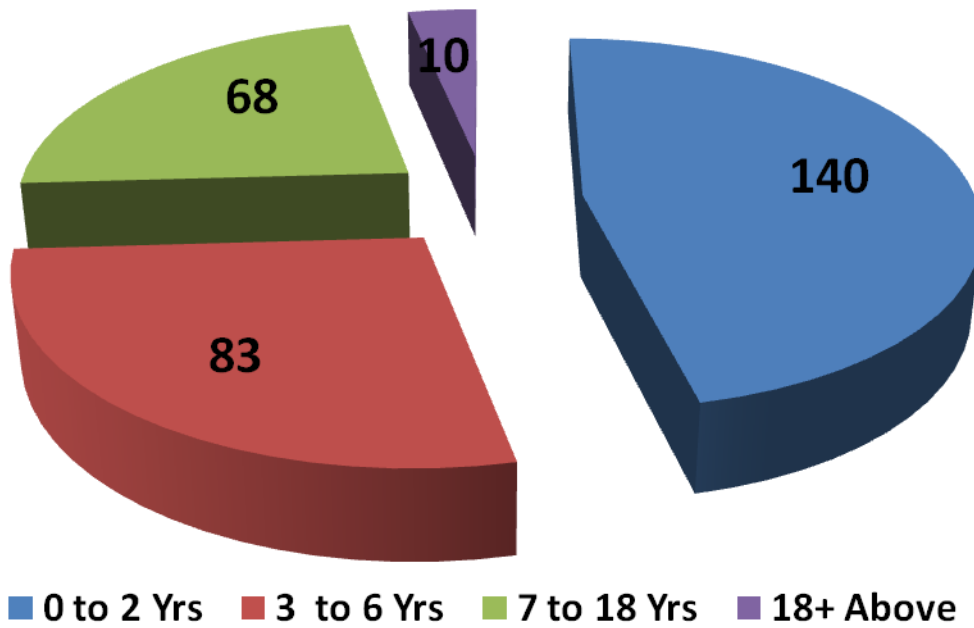
Ambika Sishu Kendra drafts a goal based programme towards self-help & employability for persons with disability to achieve satisfactory Personal Life & Economic Empowerment.

Ambika Sishu Kendra is a Special School, very special for the multi-pronged services it is extending in the field of disability. The fore thought and the far sight of the Trustees of Hemchand Devchand Charities Trust in setting up a Special School is laudable as now the school with 17 years of history, experience and expertise is note worthy as a role model, ready reckoner and trend setter in the Rayalaseema Region.

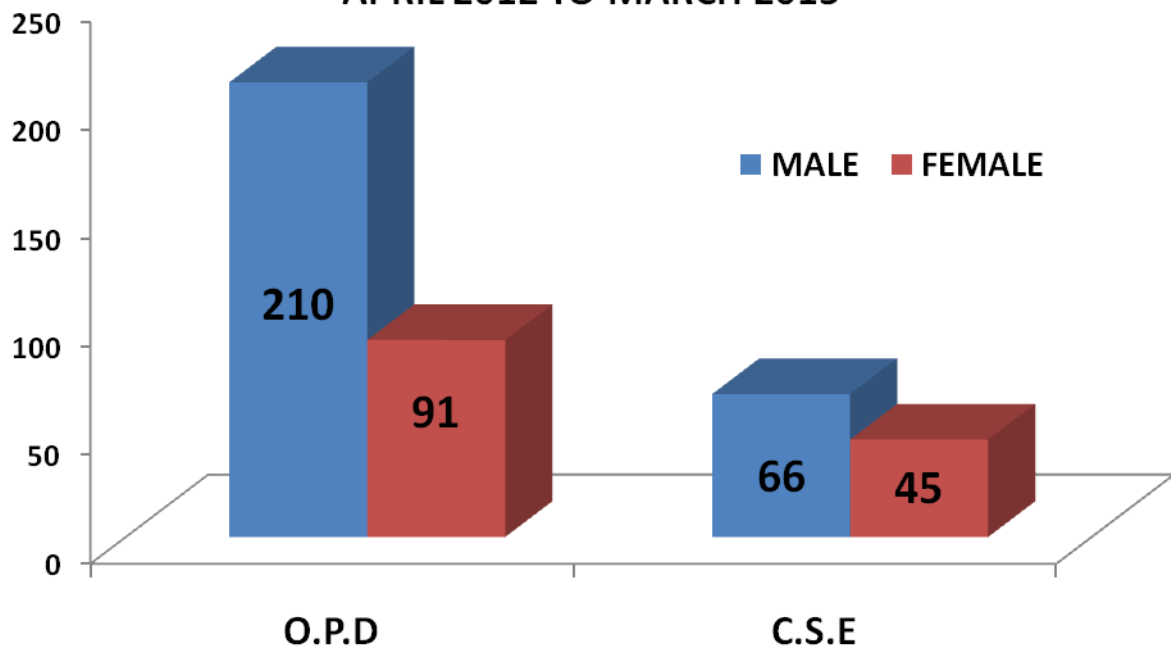
Service to humanity is one of the manifestations of nobility and divinity. **Hemchand Devchand Charities Trust** is doing a pioneering task in the service sector by setting up a free school with all the amenities in a barrier free environment with the sole motto of bringing cheer in the lives of the distraught families, who are grief stricken and rudderless in handling a **Special Child**.

All the therapeutic services, training in Daily Living Skills, academic counselling etc., are **FREE** at Ambika Sishu Kendra.

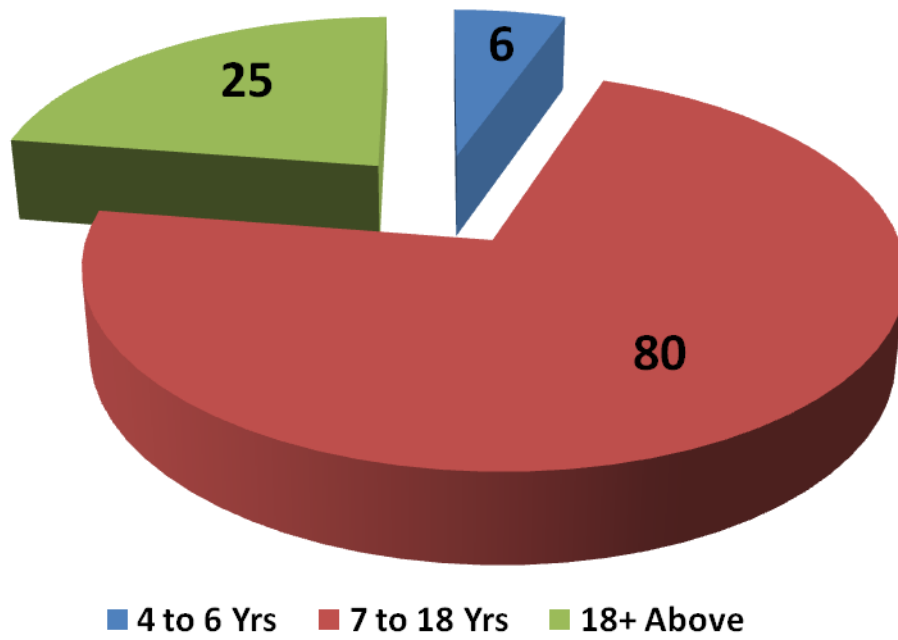
**AGE WISE DISTRIBUTION OF O.P.D
APRIL 2012 TO MARCH 2013**



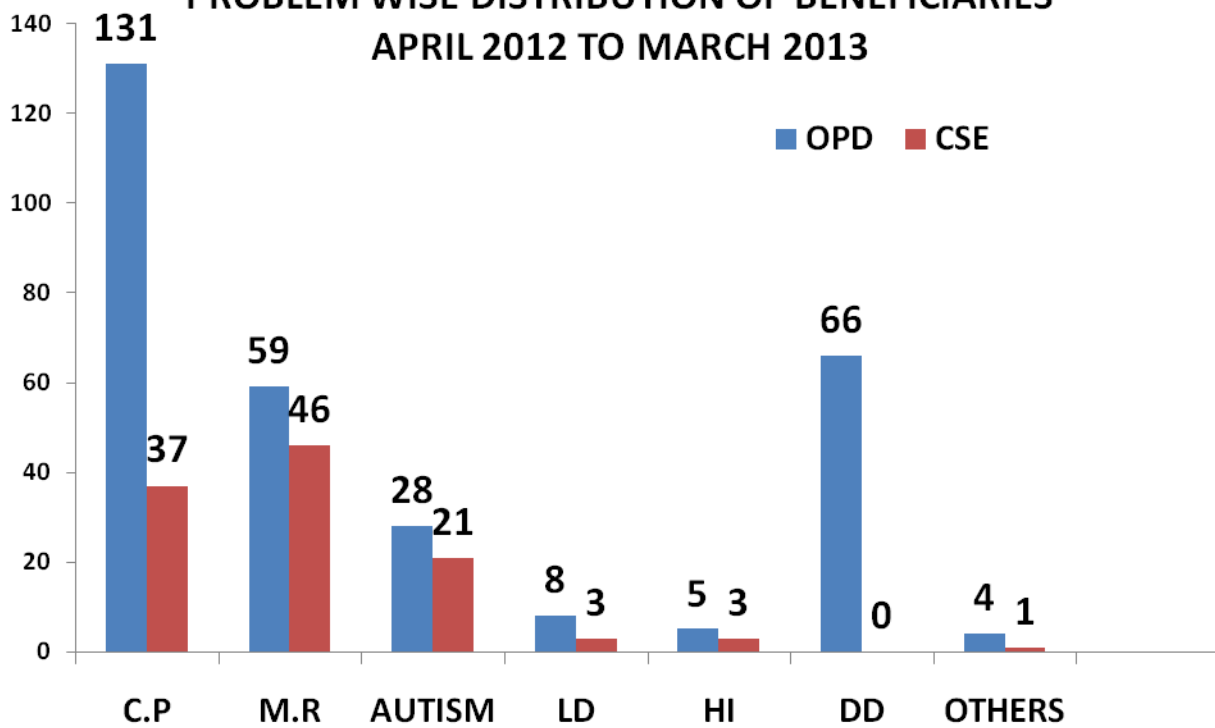
**SEX WISE DISTRIBUTION OF BENEFICIARIES
APRIL 2012 TO MARCH 2013**



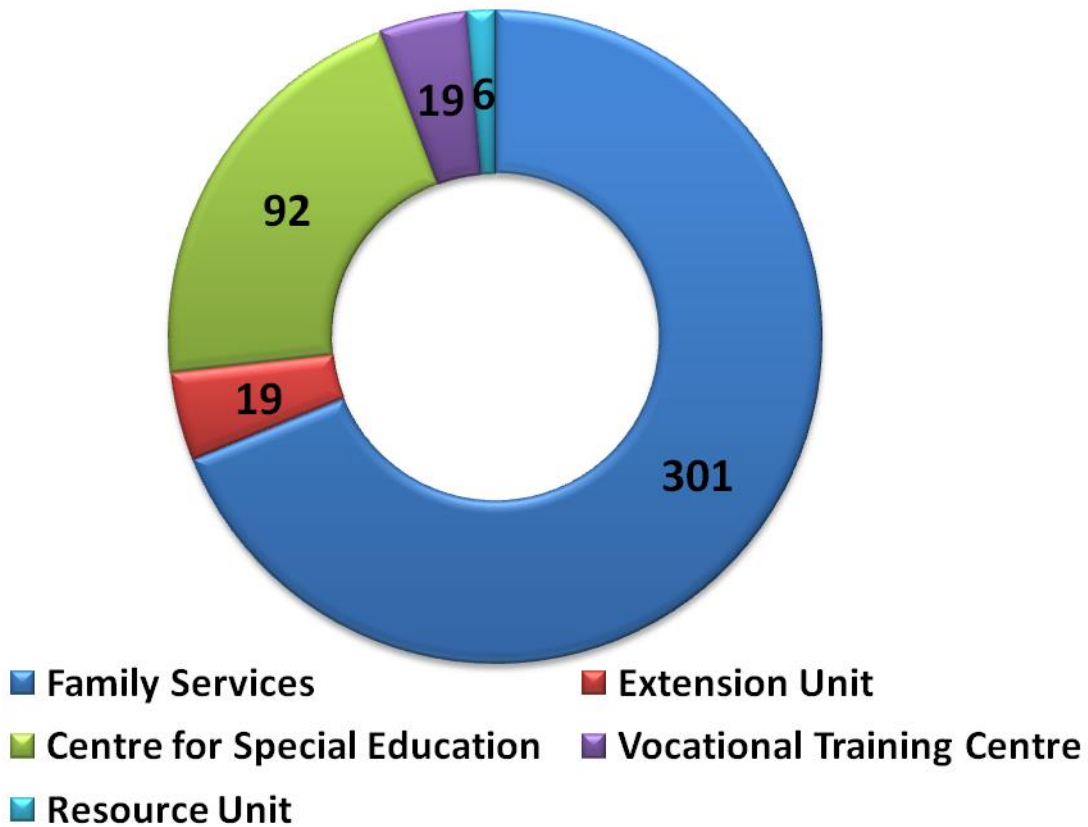
**AGE WISE DISTRIBUTION OF CSE
APRIL 2012 TO MARCH 2013**



**PROBLEM WISE DISTRIBUTION OF BENEFICIARIES
APRIL 2012 TO MARCH 2013**



DETAILS OF BENEFICIARIES FROM APRIL 2012 TO MARCH 2013



The above statistical data is an evidence of our drive for early intervention as we had 140 children below two years being brought for diagnosis and therapy. Among the children who attended the OPD, the number of boys was 210 and the number of girls was 91. This figure is a little saddening as we are afraid that still in many cases, equal attention is not paid for the treatment of female children. There are 80 children aged between 7 yrs. and 18 yrs. in our Centre for Special Education and it is a very satisfying factor as the Special Children are receiving the education for a living. 131 Cerebral Palsy cases and 66 cases of Developmental Delay attending the OPD focus the thrust on early intervention and rehabilitation. 19 students are rehabilitated in the Vocational Unit.

NO.OF BENEFICIARIES (AREA WISE)

ANDHRA PRADESH



Family Services:

Multi pronged family services are offered for the children attending the Out Patient Department. A holistic programme with diagnostic and clinical services by the neuro surgeon, homeopathy doctors, pediatrician and ophthalmologist, therapeutic services by the physio therapists, speech therapist, early interventionist, training and counselling by the special educators and trained teachers gives the right succour to the distraught parents and their faces light up with joy and hope. 301 cases were benefited under Family Services.

Medical Services:

Diagnostic Clinic

Diagnostic Clinic is run twice a week by Dr.C.A.Nagesh, Pediatrician and the children are diagnosed and screened for possible developmental disabilities.

Neuro Clinic

Dr.W.Seetha Ram, reputed neuro surgeon conducts the clinic once a month and treats the epileptic and neurological cases.

Homeo Clinic

Homeo doctors visit the school once a week and prescribe the medicine for common health ailments, behaviour problems etc.

Early Intervention:

The Early Intervention Services are concerned with all the basic and broad new skills that babies typically develop during the first three years of life. They include-

- Physical (Reaching, rolling, crawling and walking)
- Cognitive (Thinking, learning and solving problems)
- Communication (Talking, listening and understanding)
- Social / Emotional (Playing, feeling secure and happy)
- Self –help (Eating and dressing)

The Early Interventionist screens the babies and designs the programme to guide the parents. 140 babies attended the Early Intervention Unit.



Extension Services:

The parents bring the children, who are enrolled in the Out Patient Department where in all the data is collected about them, a specific programme is given to the parents and they are asked to attend the OPD regularly. We plan the transition for the children from OPD and also from the main stream schools from where we get the slow learners and children with learning disabilities in to the CSE. We also provide referral services by directing the parents to the respective doctors and therapy services. Our school is a Resource Unit where in we give all the required information to the parents, medical and para medical students, volunteers etc.. 19 children attended the Extension Unit.

Centre for Special Education:

The children who have put in regular attendance in the Extension Unit are assessed in different areas based on their needs and abilities such that they are put up in different units where they fit in the best. Multi pronged approach is adopted in training the children in different areas. The different areas are given below:

- Multi Sensorial Approach.
- Theme Based Training.
- Natural Way of Training.
- Orientation and Mobility Training.
- Collaborating with Fraternity as referring to hospitals for Medical and Vision Assessments/Epileptic Consultation/ Spectacles.
- Training the Staff on Multiple Disabilities.
- Training the parents to prepare teaching learning material for children with multiple disabilities.
- Conducting visual screening camps for children with the cooperation of eye hospital.
- Exploring the nature through sensory garden.
- Training the children to participate in extra-curricular activities – sports and cultural programmes.



Exploring the nature through sensory garden



Dental Camp



Mobility Training



Training on Multiple Disabilities



Sports Competition



Cultural Programmes

Preparatory Unit:

Preparatory Unit is the base for the children where they are trained in Daily Living Skills and Self-Help. They are introduced to the elementary concepts which will be elaborated in the higher units. There are 34 students in the Preparatory Unit.



Rajasree, diagnosed with Cerebral Palsy, joined Ambika Sishu Kendra in 2007. She makes use of gestures, signs and simple words to express her needs and to communicate with others. She performs simple tasks using her left hand. She attends to some of her self- help needs such as drinking, eating, brushing and grooming. She is learning academics also to the extent of identifying and saying the alphabet and the numbers.

Basic Unit:

The children are taught the basic academic and functional skills to help them in socialization and independent living. Basic reading and writing are also attempted with the necessary adaptations. There are 14 students in the Basic Unit.



David, diagnosed with Downs Syndrome, joined Ambika Sishu Kendra in 2009. He is very communicative and makes use of simple sentences to express his needs. He is skilled in ADL and participates in extra-curricular activities also. He writes simple words in English and numbers upto 100.



Open Learning Unit:

The children attending the Open Learning Unit are given admission in the local Municipal School, 5 students into 1st class, 6 students into 2nd class, and 4 students into 6th class. The students are supplied with the text books by the Municipal School. Teaching is done in Telugu medium and the children take the exams conducted by the Municipal School. There are 22 students in the Open Learning Unit.



Sai Krishna, diagnosed with Autism was admitted in Ambika Sishu Kendra in 2006. He had multiple sensory issues and was very non-cooperative in curricular and co-curricular activities preferring to be alone. But presently he is participating in all the academic and extra-curricular activities and with his sensory issues under control, he is relishing all varieties of food also. He is enrolled in 2nd class in the local Municipal School.

Integrated and Inclusive Education:

Ambika Sishu Kendra has a networking with regular schools towards inclusion of children with disabilities in the main stream. Most of the schools do not have trained staff or proper facilities for the persons with disabilities resulting in the drop out of children from the main stream schools. Ambika Sishu Kendra gives special coaching to the children with disabilities to appear for 10th class under APOSS utilising all the benefits and concessions provided for them. Four students appeared for 10th Class under APOSS in April 2013 and we are proud to declare that our children have passed the examination in flying colours.

Raghavendra, diagnosed with Cerebral Palsy, joined Ambika Sishu Kendra when he was nine months old, with no neck holding but he was just able to see the objects and listen to the sounds. With the continuous training, he has evolved to the extent of operating his wheel chair and now he is completely independent in mobility. He appeared for 10th class under APOSS in April 2013 and passed securing good marks. Presently he is learning Office Automation, a certificate course in computers so that it shall fetch him a job in the future.



Functional Academics Unit:

Functional Academics Curriculum is designed in such a way that the children are trained in the basic skills necessary for an independent living in a socially acceptable manner. There are 21 students in Functional Academics Unit.



Mahima, 16, diagnosed with autism, joined Ambika Sishu Kendra in 2000. The regular and systematic programme at school and the follow up at home have trained her to understand the instructions and follow them. She has learned almost all the functional skills. She is presently taught the pre-vocational skills to prepare her for the Domestic Unit in the future. She loves music. She got accustomed to the school environment and moves around independently.

Communication and Speech:

Communication Skill is the life blood of civilized life. But speech alone is not the medium of communication as Total Communication especially in the Special Field includes body language, gestures, use of communicative devices such as Kathamala, Communication Board etc. The verbal children are trained to communicate themselves effectively where as the non-speaking children are trained to make use of augmentative and alternative means of communication.



Physio Therapy:

Physio Therapy aims at physical fitness and mobility. The main thrust is on training the children to move on their own using the walker or the wheel chair or with the help of any orthotic aid in a barrier-free environment. Trunk balance, gait training, improving the tone and the grasp and positioning are the other facets of physio therapy.



Sensory Integration Training:

Sensory Integration Training focusses on the relationship between the brain and behaviour and explains why individuals respond in a certain way to sensory input and how it affects behaviour. This therapy is very helpful for our children who are diagnosed with multiple disabilities.



Positive Behaviour Support:

Behaviour of children can be on many occasions challenging. Children with special needs may manifest problem or challenging behaviour as they have difficulty in communicating their needs, feelings etc. The Positive Behaviour Support is an empirically validated approach or model where the teachers and parents observe the behaviour of the child in many settings to identify a pattern. Once the teachers understand the underlying function or communicative intent of behaviour, they teach the desirable behaviour, that is socially appropriate to communicate needs or wishes. These needs may be to seek tangible benefits, to avoid tasks they dislike or not able to perform, to gain attention or to seek sensory stimulation.

The key to a successful Positive Behaviour Support begins with Functional Behaviour Analysis that tracks the frequency, duration, intensity, time of the day and the location of problem behaviour. If we learn the causes of the behaviours that are challenging or problematic, we can plan positive strategies or positive behavioural interventions. Thus through positive behaviour strategies, we can develop appropriate behaviours and continue them in the class, at school and at home.

Vocational Training Centre and Skill Training Unit:

Students who may not be able to cope with main stream curriculum, enter the transition programmes. They are trained in pre-vocational skills based on their potential, current abilities and need for support. Students with high support needs are trained in a sheltered workshop setting. They are trained in making phenyle, liquid soap, paper bags, note books, files, lamination, masala borugulu, packing etc.

Functional Academics is an integral part of their curriculum and for their social and recreational needs, they have curricular activities like dancing, painting and sports.

Skill Training Unit of Ambika Sishu Kendra trains the children with disabilities in specific skills. It is a preparatory class for Vocational Training. The main focus of this Unit is to work on job-readiness for the young adults. Activities are taken up to improve-

- Functional Academic skills such as sight-word reading, rote memory of address, phone number etc.
- Vocational Skills eg: Paper Bag Making, Gardening, Packing, House-Keeping.
- Social Skills.
- Shopping Skills eg: Purchasing items in the shop.
- Personal Cleanliness.
- Domestic Skills.
- Cooking Skills.
- Extra Curricular Activities such as sports, art & craft etc..
- Frequent Visits to Public Places.

Skill Training Unit empowers the differently-abled persons and helps them undergo Vocational Training with confidence.



The children with functional skills are trained in the work oriented skills so that they shall eke out a living and can achieve economic empowerment. There are 17 students in the Skill Development Unit. Vocational Unit strives for the employability of the boys, who are taught job skills and work habits.



Lathif, diagnosed with Mental Retardation joined Ambika Sishu Kendra in 2001 and with 13 years of structured training, he knows about the stages in the preparation of phenyle and participates in the preparation in the Vocational Unit. He has learned making paper bags. He runs errands both at school and at home. He is interested in assembling the spare parts. He is working part time in a mechanical shop. He is very social and satisfies all his needs through effective communication.

Domestic Unit:

The adult girls are trained in the domestic activities such that over a period of time, they will be of substantial help to their mothers at home and they may find employment in any catering unit and they may also be employed as domestic helps. There are 10 students in the Domestic Unit.



Swathi, diagnosed with Cerebral Palsy, joined Ambika Sishu Kendra in 1997. She is very regular to school and is endowed with effective communication skills and leadership qualities. She is trained in domestic activities like cleaning puffed rice and making chapathis and also in independent living. She is helpful to her mother at home. Her academic skills include writing the names of her family members, doing single digit addition etc..



Independent Living Unit:

This Unit is a feather in our cap as our adult boys and girls are trained in independent living wherein they are learning the life skills necessary for their existence.



Arranging Centre Table and Luggage Bag

Serving at the Table

Art and Craft Unit:

Art and Craft Unit caters to promotion of creativity and aesthetic sense in the children. They are taught painting, drawing and making decorative items. They make rakhis and gel candles, paint diyas, prepare greeting cards and book markers etc. This Unit also serves as an outlet for many of the behavioural issues of the children. The painting exhibited below was done by our student Ms. Asiya and it was selected as one of the entries at the National Exhibition held in New Delhi.



Prize Winning Entry



Gel Candles

Computer Unit:

Computer Unit introduces our children to the exciting world of new softwares, technical adaptations, paperless exams and ultimately to job work. They enjoy listening to rhymes and stories and revise their academic skills also practising them on the system.



Camps and Facilities:

Our Centre organises various camps and provides all the facilities for the general welfare and upkeep of our children. Niramaya renewals, issue of medical certificates and bus pass camp are some of these.



Man Power Training:

Workshops/ Training Programmes/ Meetings conducted at ASK

S.No.	Training Programme	Conducted by	Attended by
1.	Early Identification and Early Intervention of Children with Autism Spectrum Disorders	Ms. Tanushree Saxena Chandok, Com. DEALL Trust. Bangalore.	ASK Staff
2.	Orientation Classes on Cerebral Palsy.	Mrs.D.Krishna Veni, Ms. E.V.K.Bhagya Lakshmi, Mrs.V.Mary Saroja, Mr.N.Surendra Babu, Mr.B.Chakravarty, Mr.A.Raghava Raju	New Recruits of ASK
3.	Orientation Programme for clinical experience.	Ms. E.V.K. Bhagya Lakshmi	3 rd and 4 th year students of Govt. College of Nursing.
4.	Orientation Class on different disabilities using TLM and Methods.	Ms. E.V.K. Bhagya Lakshmi	TTC students of Rajiv Vidya Mission.
5.	Orientation and Training on Disabilities.	Ms. E.V.K. Bhagya Lakshmi	1 st and 3 rd year students from Rayalaseema Christian College of Nursing.
6.	Meeting on Guardianship	Mr. Pratap Reddy, LLC Member	Bindu N Shah, Mrs.D.Krishna Veni, Ms. E.V.K.Bhagya Lakshmi and Parents.

Workshops/ Training Programmes attended by ASK Staff

S.No.	Training Programme	Conducted by	Attended by
1.	National Trust Activities	Swayam Krushi, SNAC	Bindu N Shah, Mrs.D.Krishna Veni, Ms. E.V.K.Bhagya Lakshmi

Awareness Programmes:

It is the bounden duty of the Special School to focus on the Awareness Programmes also as they shall not only rescue many needy children but also promote Corporate Social Responsibility. Awareness Programmes at our Centre include a Radio Programme at our Centre highlighting the histrionic skills of our students, visits by the Members of the Lions' Club and the Rotary Club, setting up a stall with our products at the Local Exhibition Grounds and painting competition along with the students of the normal schools. We arranged an exhibition of our products on the occasion of the World Disabled Day on Dec 3rd and it drew huge crowds from the student community and the general public. On the occasion of the World Autism Day, there was a talk on radio on Autism. We have organized various visits for our children to many public places such as the Bus Stand, the Railway Station, Shopping Malls, Temples, Restaurants etc. so that our children shall know how to behave in a socially acceptable manner and the general public shall also be aware of the special children, their needs and the responsibilities of the community towards them.

Celebrations:

Our Centre is the hub of many extra curricular activities and celebrations, the prominent being the New Year Day, the Independence Day, the Teacher's Day, the Anniversery Day and the Children's Day. The Centre dons a festive look, buzzing with activity and merry making.



World Mental Health Day



Visit to Railway Station



Exhibition at the Centre



Independence Day



Teacher's Day



Sports Day

New Year Celebrations



Painting Competition

Picnic



World Epilepsy Day

Sad Demise:

We regret to inform that two students Master J. Venkatesh Reddy and Baby Ayesha passed away. We endure their bereavement and pray that their souls may rest in peace.

Staff Details:

Bindu N Shah
(Hon. Director)

Sudha D Shah
(Hon. Supervisor)

D. Krishna Veni
(Admin. Officer)

E.V.K. Bhagya Lakshmi
(Sr. Coordinator)

Physio Therapists:

A. Raghava Raju
K. Pushpa Latha
B. Chakravarthy

Speech Therapist:

N. Surendra Babu

Vocational Trainers:

R. Lavanya
M. Parvathi

Art & Craft:

K. Lakshmi

Auxiliary Staff:

Soma Bera
B. Kavitha
C. Valli Kumari
A. Krishna Bai
D. Vijaya Lakshmi
K. Manjula
S. Sudha Rani
J. Madhavi Latha
S. Farhana Parveen
B. Madhavi
M. Sunitha
G. Parvathi
C. A. Usha Kiran
K. Sri Vallika
A. Jaya Vani

M. Sukanya
Subhashini
S. Suseela

Special Educators & Teachers:

T. Venkataravanamma
K. Nirmala
V. Mary Saroja
G. Aruna
K. Sumitra
T. Aruna Kumari
K. Chandra Sekhar
G. Ramatholsamma
T. Nagamani
P. Rahamath Khatoon
G. Leelavathi
Shaik Imtiyaz Begum

Computer Operator:

V. Sunitha

Computer Education:

K. Chandra Sekhar

Catering:

K. Lavanya
B. Sujatha
G. Lalithamma

Receptionist:

B. Radha

Office Assistants:

V. Radhika
K. Hari Krishna

Attenders:

T. Lakshmi
N. Adilakshmi
B. Yashodamma
Ayyamma
K. Malleswari
Mounika
B. Sunitha
Raju

Staff Left:

We thank the following members of the staff who resigned from their posts – during the year for their contribution.

K. Rama Devi
Chennamma

C. Aruna
S. Gulam Wahid

Conclusion:

The Management and the staff with the support they receive from the patrons and the well-wishers handle the daily challenges with all the commitment and gear up to face newer and higher goals with the ultimate aim of training up the children towards inter- dependence. The words of Swami Vivekananda “Awake, **arise and stop not till thy goal is reached.**” kindle new hope in us and we march ahead with the blessings of the Almighty God.