

Estd: 1995

AMBIKA SISHU KENDRA



Institute for Cerebral Palsy, Mentally Retarded,
Autistic and Multiple Disabled Children

44/86-C, Prakash Nagar, KURNOOL – 518004

A UNIT OF HEMCHAND DEVCHAND CHARITIES TRUST, KURNOOL.

ANNUAL REPORT 2014-2015



“We all need to be challenged to give our Best.

Challenges make us Grow!

Challenges keep us Alive!”

Acknowledgements:

Hemchand Devchand Charities Trust, set up by a single family, is now an amalgamation of many like minded individuals and institutions who have come forward to extend their support, patronage, good will, blessings and good wishes. We sincerely acknowledge the services of the team of doctors, volunteers, donors, patrons, advisors and well wishers. We draw strength and support from different governmental and voluntary organisations with which we are linked through Net Working. They are:

- 1. Govt. of A. P, Welfare of Disabled & Senior Citizens (Kurnool Dist.)**
- 2. The National Trust**
- 3. Indian Institute of Cerebral Palsy – Kolkata**
- 4. ARUNIM**

Our special thanks are due to our Trustees who are with us through thick and thin and for being our guides and mentors. They are-

- 1. Sri Kantilal H Shah**
- 2. Sri Dilip H Shah**

Our Special Acknowledgements are to our team of doctors-

- 1. Dr. C. Nagesh - Pediatrician**
- 2. Dr. W. Seetharam - Neuro Surgeon**
- 3. Dr. P. Manju Sri - Homeo Doctor**
- 4. Dr. N. Bhargavi - Homeo Doctor**
- 5. Dr. Anil Kumar - Ophthalmologist**

We are very grateful to our donors -

“What we have done for ourselves alone, dies with us;
What we have done for others and the world remains and is immortal.”

– **Albert Pike**

We thank sincerely our well-wishers for their patronage and best wishes.

Well- Wishers:

- Dr. S. Lokesh
- Mrs. C. Aruna
- Mr. L. Murali Mohan
- Mr. Kunal Tembwalkar
- Mr. Sumit S Shah
- Mrs. L. Parvatamma
- Mr. Raghunath
- Mr. M. Anil Kumar
- Mr. Pandu Ranga
- Mr. Pranav J Shah
- Mr. Ronak R Sanghvi
- Mr. Mansukhlal K Shah
- Mrs. Premila Ben M Shah
- Mr. Ashok J Shah
- Mr. Pankaj J Mehta
- Mr. B. Peddaiah
- Mr. M. Ramesh
- Mr. M. Vijay Kumar
- Mr. G. Satish Kumar
- Mr. C. A. Vidusha Varma
- Mrs. N. Raghu Rami Reddy
- Mr. Madala Kondaiah
Narasa Reddy
- Mr. K. Somanna
- Mr. E. Sai Ram Goud
- Mr. C. P. Pandu Ranga
- Mrs. M. Radha
- Mrs. D. Munthaz
- Mrs. A. Krishna Rao
- Ms. N. J .Nandini
- Mr. Y. Maheswar Reddy
- Mrs. C. Valli Kumari
- Mr. Kiran
- Mrs. M. Parvathi
- Ms. Sudha
- Mr. J. Sravan Reddy
- Master Mansoor
- Mrs. G. Mahadevamma
- Mrs. G.Veeraiah
- Master Rakesh

Trusts, Charities & Organisations:

D.L. Sachdev Charitable Trust
Lilavati Maneklal Shah Charitable Trust
ICAI Members & SICASA Members
Satya Sai Samiti

Schools & Colleges:

Rayalaseema College of Nursing, Knl.
3rd year B.Sc. Students, St.Joseph's College, Knl
St. Joseph's Degree College, Knl.
Ravindra (E.M) School, Knl.
Sharada Mandir (E.M) School, Knl.

Vision

A society in which all the challenged individuals are an integral part.

Mission

Ambika Sishu Kendra drafts a goal based programme towards self-help & employability for persons with disability to achieve satisfactory Personal Life & Economic Empowerment.

Hemchand Devchand Charities Trust, the dream project of the Shah family to serve the people of Kurnool town, has become a family name for the parents with Special Children. Ambika Sishu Kendra, an offshoot of the Trust is rendering excellent service for the children, diagnosed with multiple disabilities and is training them in leading independent and interdependent lives. All the academic and therapeutic services provided here are '**Free**' for all.

With an experience of two decades (The school was set up in Sept. 1995.) in the special field, a lot of experimentation, research, planning and observation of the needs of the children have resulted in listing out and implementing various activities for the healthy and independent living of the children.

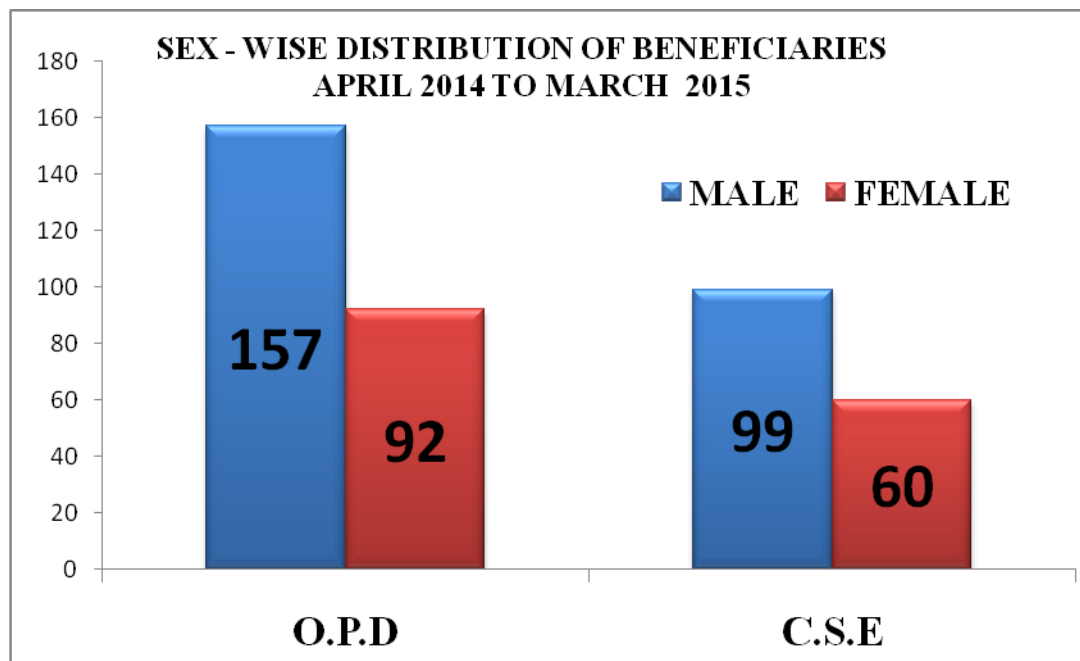
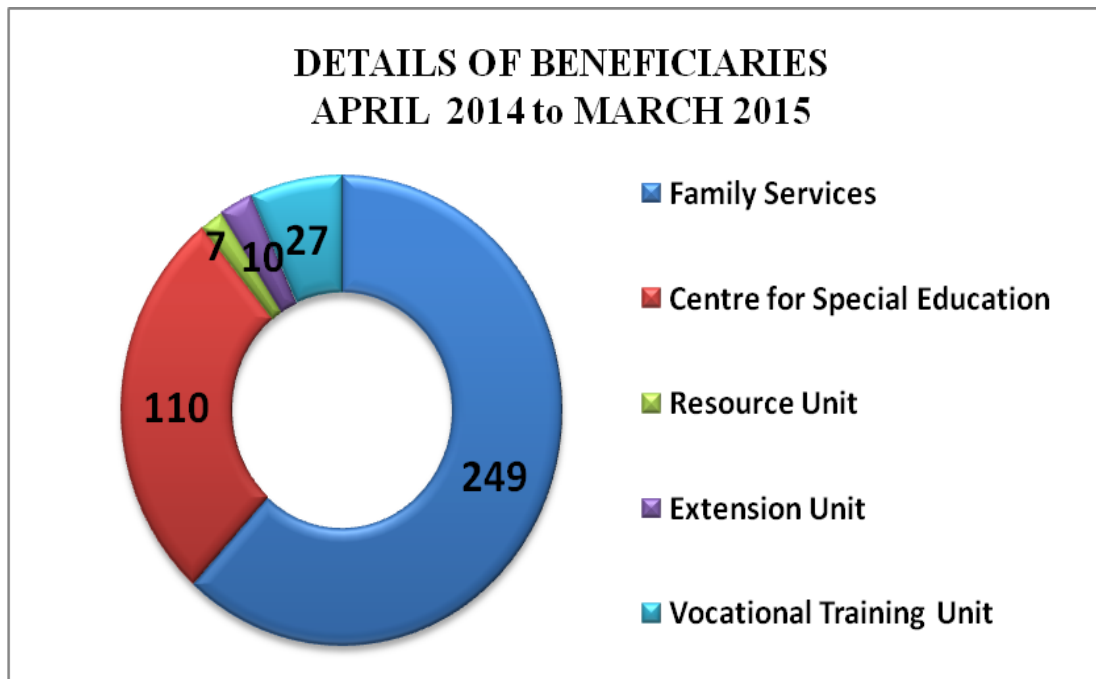
Activities at Ambika Sishu Kendra:

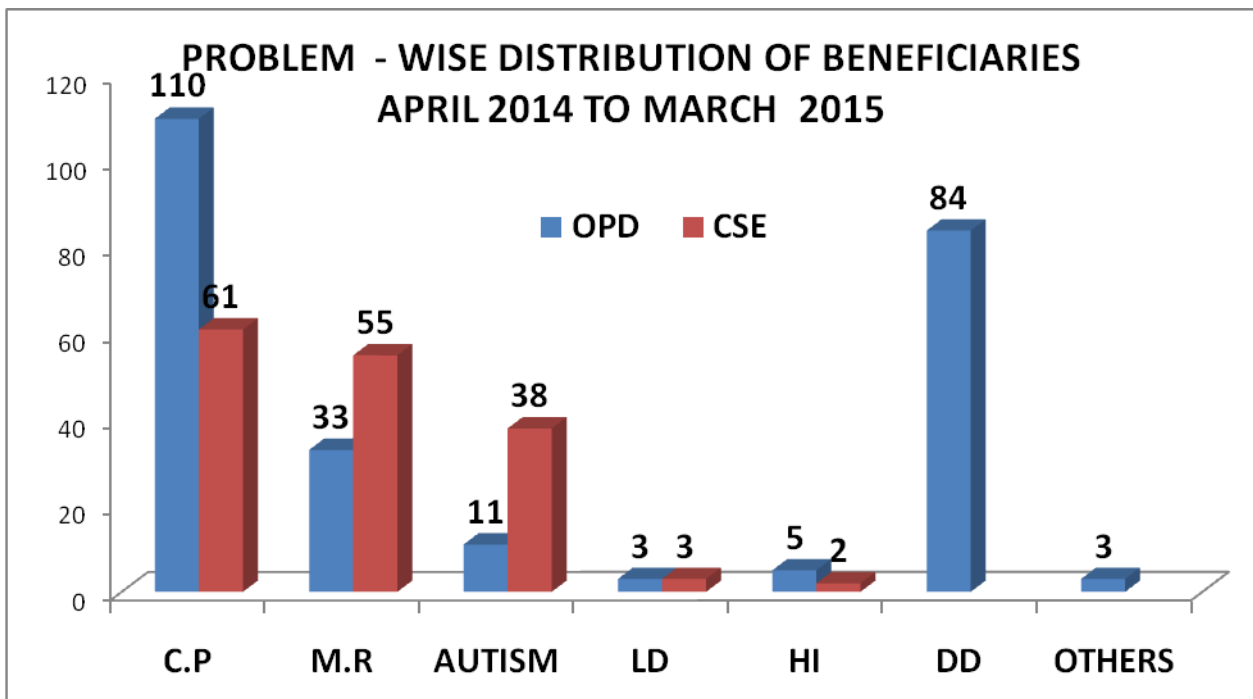
Achieving a satisfactory personal life and economic empowerment being the main goals, various activities have been developed catering to the special needs of the children.

1. Diagnostic Clinic is run twice a week for our children by Dr.C.A.Nagesh, Pediatrician. The children are diagnosed and treated for general health ailments and also for developmental delays. Referral services are also provided.
2. Neuro Clinic is conducted once a month by Dr.W.Seetharam. He treats all the epileptic and neurological cases and they are all benefited by the regular check up and follow up.
3. Dr. Manju Sri and Dr. Bhargavi conduct Homeo Clinic every Wednesday and administer the medicine for health ailments, behaviour problems etc.
4. Early Intervention reduces the severity of the damage and if executed perfectly, the child can lead a normal life like any other fellow individual. The Early Intervention Unit at our Centre screens the babies, gives the programme and also trains the parents to continue the programme at home.

5. The Physiotherapy Unit at our Centre strives tirelessly to restore mobility and relief from various orthopaedic and neurological disorders associated with the disability. Gait Training, Training in Daily Living Skills, Exercise Therapy etc., are some of the specialities of the Physiotherapy Unit.
6. The verbal children are trained to improve clarity and are trained in using the core vocabulary to satisfy their maximum needs. Augmentative and Alternative Means of Communication are extensively used for the non-verbal children so that their communication needs are also met and many behaviour problems are controlled. Oral massage and exercise are also done to improve the vegetative functions.
7. Sensory Therapy identifies the sensory issues and remedies them through a systematic programme. Sensory inputs given to the children control many of the inter- personal issues.
8. Home Management Programme given by the Out Patient Dept. helps the parents in the management of the Special Child because they are trained to work with the child in the areas of assessment, therapy, special education and training.
9. The parents are guided in selecting the suitable special furniture, aids, appliances and furniture suitable to the needs of their children.
10. Centre for Special Education takes the students after a well – designed and programmed evaluation. The child is admitted in to the class based on his/her ability and needs.
11. The students who cannot be tuned academically are trained in vocational skills suited to their abilities and requirements. The Vocational Activities are so designed that the students shall revise their functional academics such as counting, weighing and shopping skills.
12. The Independent Living Unit at our Centre also focusses on teaching the adolescent boys and girls those life skills necessary for a better and independent living.
13. The children participate in painting, drawing and making decorative items. For some of the children, attending Art and Craft Class is a reward where they exhibit their hidden talents and interests.
14. We conduct various Community Awareness Programmes for enlightening the general public, especially the youth so that the community takes the responsibility of the Special Children in the form of empathetic concern, accepting them into its fold, playing a vital role in their upbringing etc..
15. Our Centre organises various camps and schemes to provide all the facilities for the general welfare and upkeep of our children. Niramaya Renewals, Issue of Medical Certificates, Legal Guardianships and Bus Pass Camp are some of these.
16. The children are encouraged to participate in indoor and outdoor games and sports.
17. Various training programmes are conducted for the in-service staff, parents and trainees from local Nursing and D.Ed. Colleges.

We are happy to declare that so far our Centre has served **5213** beneficiaries belonging to Kurnool district and the neighbouring districts. For the year 2014- 2015, 396 Children (249 in Out Patient Department and 147 in Centre for Special Education) were benefited at our Centre.

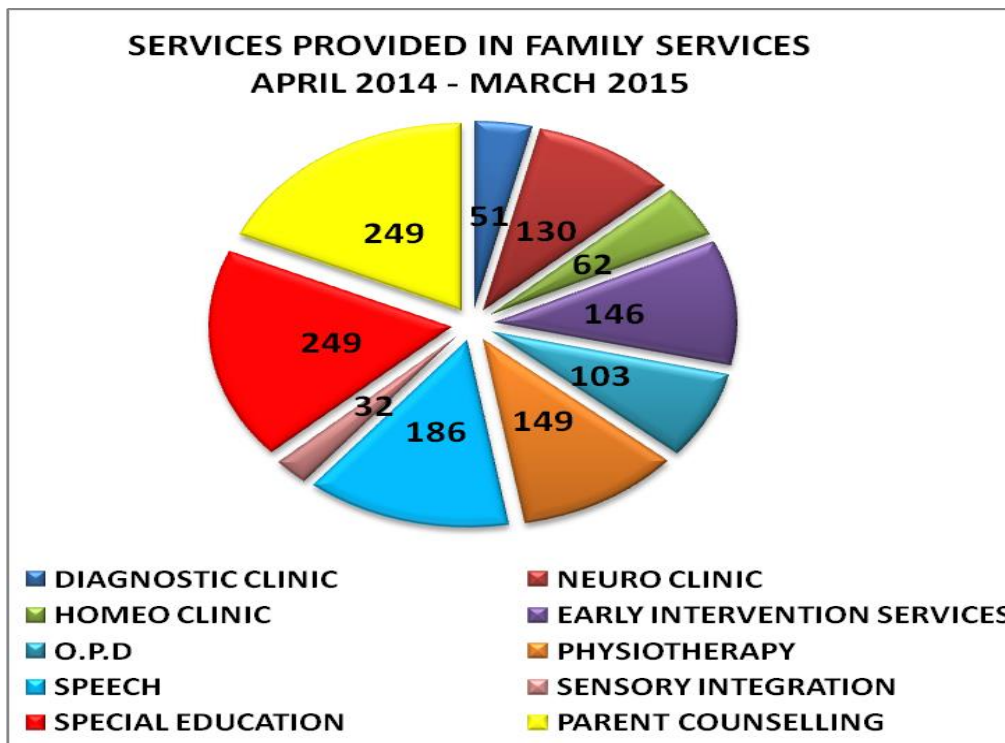




The above illustrations clearly indicate the focus on Early Intervention and the Family Services because it helps in educating and counselling the parents. Accepting the Special Child and working for the rehabilitation are the major challenges before the parents. We strive hard to stand by the parents and seek community support so that our children can lead a decent life enjoying the fruits of independence and interdependence.

I. FAMILY SERVICES:

The first and the foremost service includes Family Services where in the child is properly diagnosed and assessed for a specific period before being admitted in to the Centre for Special Education. In some cases more than the therapy for the child, counselling is required for the parents for accepting and handling the Special Child.



The Family services are provided under the guidance and monitoring by the team of doctors, the therapists, the special educators and the trained teachers. They prepare the child to be trained by the Special Education Centre. We get the cases from the neighbouring districts of Mahaboob Nagar, Anantapur etc. 249 cases were attended to under Family Services. Home Management Programme given by the Out Patient Dept. helps the parents in the management of the Special Child because they are trained to work with the child in the areas of assessment, therapy, special education and training.

1. Diagnostic Clinic



Diagnostic Clinic is run twice a week by Dr.C.A.Nagesh, Pediatrician. The children are diagnosed and treated for general health ailments and also for developmental delays. Referral services are also provided.

2. Neuro Clinic



Neuro Clinic is conducted once a month by Dr.W.Seetharam, who treats all the epileptic and neurological cases. Regular follow - up is yielding good results.

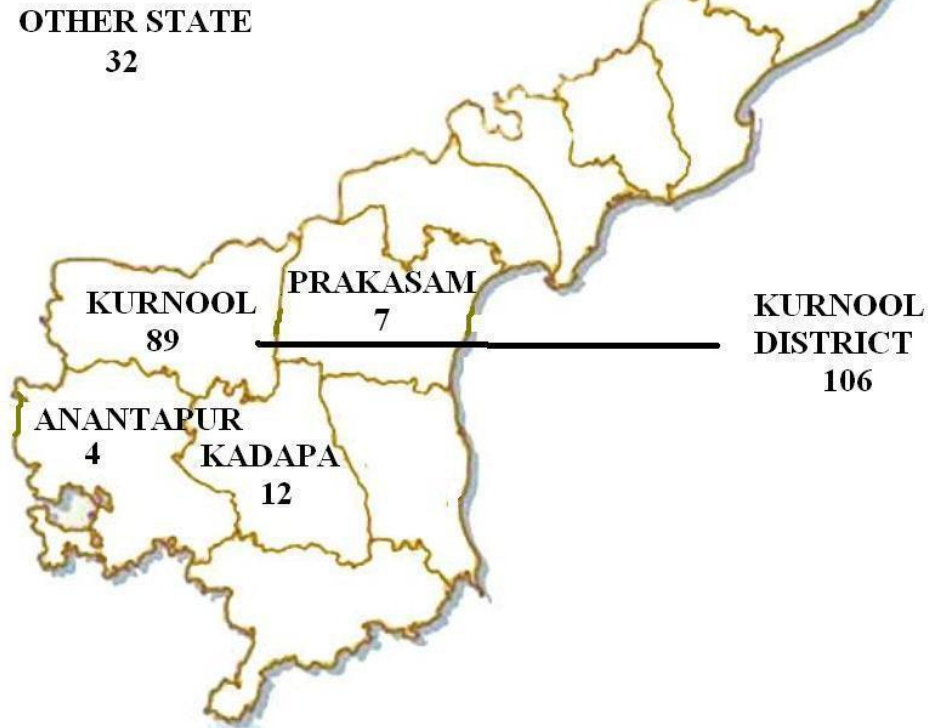
3. Homeo Clinic



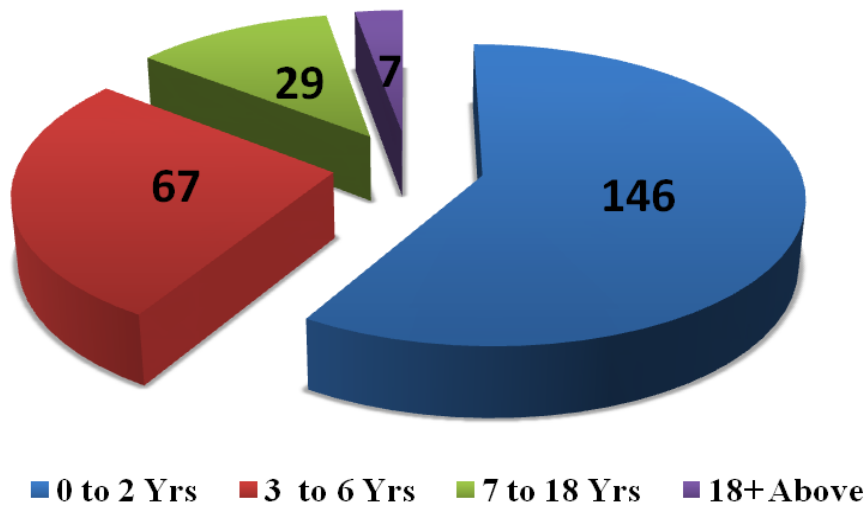
Dr. Manju Sri and Dr. Bhargavi conduct Homeo Clinic every Wednesday and prescribe the medicine for health ailments, behaviour problems etc.

4.Out Patient Department:

**NO. OF BENEFICIARIES (AREA WISE)
APRIL 2014 TO MARCH 2015**



**AGE - WISE DISTRIBUTION OF O.P.D
APRIL 2014 TO MARCH 2015**



5. Early Intervention Unit:

Early Intervention is a planned programme deliberately timed and arranged in order to alter the anticipated projected course of development. Early Intervention includes cognition, audition, vision, motor, speech, language and communication. Children between 0-3 years with developmental delay come under Early Intervention. A detailed pre-natal, post-natal and postural history is taken. The parents are informed about the actual diagnosis and present condition of the child so that they are educated about the importance of Early Intervention. They are also advised nutrition and diet for the child and mother and home management. Sanjay with only rolling and neck control and Nowman with support sitting, have started walking in one year. This is the achievement of Early Intervention!



Nowman and Sanjay Walking Independently.

Stimulation for neck control to Vishnu Sai

6. Physiotherapy Unit



Physiotherapy is the key to a healthy tomorrow and it plays an important role in the management of Cerebral Palsy. Regular Management by the Physiotherapist helps in maintaining the postures and prevents the contractures and deformities. Mobility training helps the children in handling the wheel chair there by making them more independent.



Strengthening the Lower Limbs for Mohana



Sriudaya and Peterson Walking Independently



Gait Training for Chandana

7. Speech and Communication Unit:

Effective communication is the hallmark of civilized life. But the special children face different problems regarding expressive and receptive language and oro- motor functions resulting in lack of clarity in their speech and affecting their vegetative skills too. Hence we focus a lot on the co-ordination between the receptive and expressive languages and also try to improve their core vocabulary. Exercises such as oral massage, blowing the whistle and the candle help in strengthening the muscles of the jaws and the lips. These exercises have been yielding good results with our students.



Sai Ruchitha, aged 9, is diagnosed with Autism. The consistent therapy has groomed her to follow simple commands, comprehend body parts and familiar objects and she is endowed with an expressive vocabulary of nearly 60 words with the ability to begin the conversation and takes turns too in the conversation. We are very hopeful that she will improve further.



Master K. Ramanajaneyulu, aged 19 and diagnosed with Cerebral Palsy has a clear comprehension of the different tenses and uses them correctly. He meets his needs by communicating using | p | p| th| dh| m| and | n| sounds, signs and finger pointing. He is trained in the use of Kathamala and Communication Board. He gave a power point presentation also using the Kathamala during the Student Exchange Programme and on the occasion of the Independence Day. Using the Communication Board, he introduces himself to the visitors.

8. Sensory Integration Unit

Sensory Integration is the interaction and co-ordination of two or more functions or processes in a manner which enhances the adaptiveness of brain response from fragment to whole. It occurs in all domains of brain function and it is a step in development of cognitive abilities. Sensory Integration strikes a balance between excitation and inhibition process. Sensory Integration is the organization of the brain in to a state of equilibrium that tends to be self-perpetuating. It includes tactile, vision, vestibular, olfactory and auditory areas. Poor sensory feedback leads to poor organization and integration leading to learning disabilities.

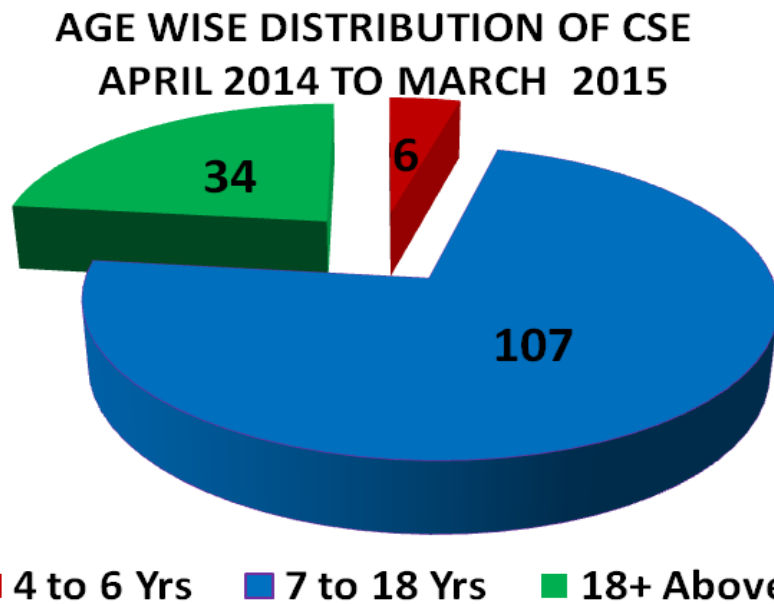


Improving Attention and Concentration



Hypo – Sensitivity to Vestibular

II. STUDENT SERVICES: After the basic training at the Out Patient Department, the child enters the Centre for Special Education to receive the training suited to his / her abilities and needs. The students are trained academically and technically so that they can even seek jobs outside.



1. Primary Unit:

Once the children are admitted into the Centre for Special Education, prime focus is on training them in Activities of Daily Living so that they shall be independent. Apart from this, they are also trained in basic concepts, identification and socialization. There are 74 students in the Primary Unit.



Master Venkatesh Reddy, aged 13 yrs. is a verbal child with visual problems. He follows two stage unrelated commands and narrates stories with verbal prompt. He listens to the devotional songs and recites them too. He is independent in self- help activities to a large extent. He has overcome his fears of the slide and the vibration machine. Slowly he is showing interest in academics and is learning numbers and counting. He says the school address and the phone number too. We are sure that he will improve further. As per his parents, he is now not scared of train journey and the associated sounds. He enjoys travelling by train.

2. Open Learning Unit:

Students in this unit are put in the academic stream so that they can appear for the exams through Open School. Our students are showing considerable improvement. Thanks to the Special Teaching Learning Material and different Communicative Devices. There are 14 students in this unit.



Master Shaheed Junaid, a drop out from the normal school, had many behavioural problems such as shouting and crying whenever he was given any work. With our programmed training, he has learned to read simple sentences in English and two or letter words in Telugu. He shows interest in solving sums involving addition, subtraction etc., and this has improved his shopping skills also. Presently he is in Transition Class.



Master Sethu Ram, studying 3rd class, reads two to three letter words in Telugu and English using the Communication Board. He is learning simple addition, subtraction and multiplications. He is independent in self – help.

3. Pre - Vocational Unit:

As the name itself indicates, it is preparatory to the Vocational Unit. The children are trained such that they can take up vocational activities when they are promoted to the Vocational Unit. There are 21 students in this unit.



Some of the children in this unit have shown remarkable progress in areas like self-help and identification. One such student is Master Narasimha, who has learned to mix food with a little help and to eat independently. He blows his nose with a napkin and keeps himself clean. He identifies his parents' names and sister's name with photos. He is showing interest in work habits also like carrying weights, watering the plants etc., His behavioural problems are also under control to a great extent.



The teachers at Ambika Sishu Kendra have tried with Ms. Mahima to improve her skills in self-help. She is participating in brushing, bathing and eating with a little help. Following the instructions, she packs her lunch bag and wears the top when given in the right position.



Master Lawrence is another student from the same unit showing remarkable improvement in eating all varieties of food. Following the instructions, he performs simple activities and his behavioral problems are also controlled.

4. Vocational Unit:

The Vocational Unit trains the children towards economic empowerment and also revises the academic inputs they receive in the class room. Making phenyle, liquid soap, paper bags, note books, files etc., are the activities for the boys and cutting the vegetables, rolling chapatis, making tea etc. are designed for the girls at the Domestic Unit. They conduct advocacy meetings and share their feelings and emotions too. There are 27 students in the Vocational Training Unit.



Ms. Pranitha, aged 22, is a slow learner. She is very co-operative and calm. She is independent in self-management skills. She is good in academics. She does additions & subtractions, reads functional words, measurements, price tags etc. She can buy things and handle money. She measures items for the preparation of masala borugulu, helps in making rice, chapathi, poori, curry and chutney and works in the Packing Unit also. She involves herself in all domestic activities and independent living activities.

5. Independent Living Unit:



As the name stands for, Independent Living Unit trains the growing boys and girls in living on their own, attending to all their needs and requirements. There are 17 boys and 7 girls, who have been divided in to three groups based on their cognition. The students with higher functional skills, are trained in shopping skills, preparing the balance sheet, conducting advocacy meetings etc., The other groups are taught arranging the things, reading the price tags, handling the money etc., Apart from Activities of Daily Living, they are also participating in the

exhibitions and cultural programmes.

The girls are involved in kitchen chores so that they can help their mothers at home. Arranging the luggage bag, dining table, centre table, making the bed, dusting etc. are some of the common activities for this group.



Master N. Durga Prasad, aged 20 and diagnosed with Mental Retardation is presently in the Vocational Training Unit. He takes part in all the activities such as making note books, files, phenyl, liquid soap etc., He has also improved in functional reading, money, calendar, measurement and shopping skills. He is also learning activities of independent living like making the bed, arranging the luggage bag, dining table, dusting and cleaning. He loves to take the students' attendance register to all the classes. He is very communicative and friendly.

6. Computer Unit:

The computer and the internet lead us to the global village. We wish that our children are also exposed to the world of computers and the internet. With all the latest adaptations for the key board and the switches, our children are trained in getting acquainted with the desk top enjoying the rhymes, stories, performing the academic tasks and slowly moving towards job work.



Baby Veda Varshini had difficulty in holding the mouse and she was not able to concentrate on the monitor. We have improved her sitting and attention too through rhymes and activities of her choice. 'G-Compris software' was very helpful in this regard. By using 'care N cure software', we have taught her using the cursor and clicking the objects. We are very happy at the improvement Veda has shown.



Master Ganesh, diagnosed with Cerebral Palsy and vision problem, had difficulty in identifying small objects and also when shown many at a time. So we have shown one object at a time and that too he was shown the zoomed picture. This practice has helped him a lot and now he identifies the objects though not zoomed. He clicks the mouse with physical prompt and is using the adaptive switch also. A little planning and modification have helped Ganesh very much.

7. Art & Craft Unit:



Art & Craft Unit at our Centre brings out the creativity in our children. In spite of their physical debilities and behavioural issues, they participate in the painting of diyas, preparing rakhis, designing the hand-kerchiefs and running the sewing machine. These items are sold in the local exhibitions and educational institutions.



Sofia, aged 16 and diagnosed with Learning Disability, has been attending stitching class for a year. She has learned threading the needle and making up and down strokes. Though she has problem with her left eye, she is determined to improve her skill in stitching. All the best to her!

III. COMMUNITY AWARENESS PROGRAMMES:

Of late there is a positive shift in the attitude of the community in the form of social responsibility, participation in welfare programmes, generous donations to the service sector and promoting involvement in the youth. We conduct various Community Awareness Programmes for enlightening the general public about the Special Field. We organised programmes such as Legal Awareness Programme by the District Judge, procuring B Forms to our students who were allotted legal guardians, taking out a rally on the World Disabled Day, visiting the public places with our students etc. We are getting a good response from the public in all our activities.

IV. HIGHLIGHTS OF THE YEAR:

Ambika Sishu Kendra aims at satisfactory personal life for the children under its care. All the efforts are thus child - centred and activity oriented. Some of these have been very well received and have brought esteem to our Centre. Kudos to the team of Ambika Sishu Kendra!



Ugadi Puraskar to Ambika Sishu Kendra



Student Exchange Programme

V. CELEBRATIONS:

The staff and the students at Ambika Sishu Kendra find immense pleasure in organising and celebrating national festivals and important events such as the New Year Day, Teacher's Day, Children's Day, Annual Picnic etc.



New Year Celebrations



Annual Picnic



Independence Day



Teachers' Day



Annual Day Celebrations

VI MAN - POWER TRAINING :

Workshops/ Training Programmes/ Meetings Conducted at Ambika Sishu Kendra

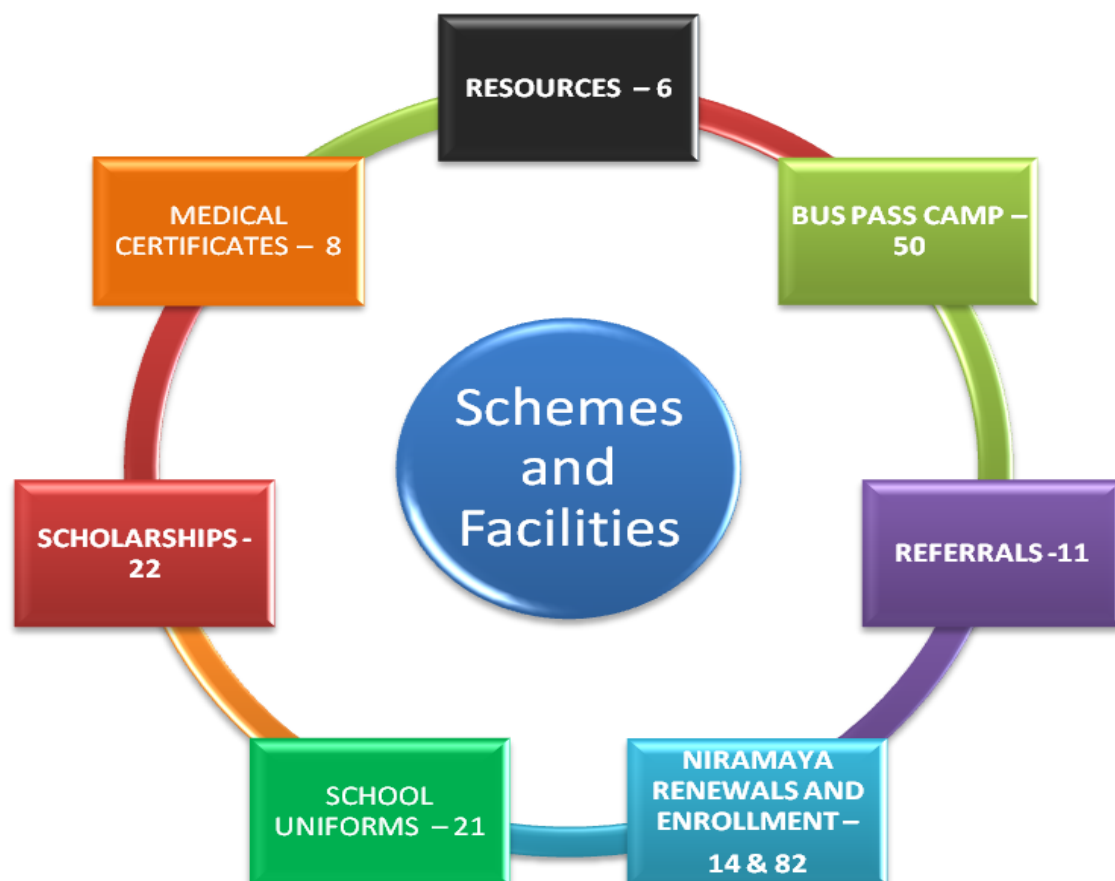
S.No.	Training Programme	Conducted by	Attended by
1.	Orientation Programme on 15.04.2014.	Mrs. K. Pushpa Latha	4 th Year B.Sc. Students, Rayalaseema College of Nursing.
2.	School Experience Programme on 20.06.2014.	Ms.E.V.K.Bhagya Lakshmi	1 st year trainees (Batch 2013 -15), Geetanjali D. Ed. College, Kurnool
3.	Clinical Experience cum Orientation Programme on 04.07.2014.	Mrs. K. Pushpa Latha	2 nd year and 3 rd year B.Sc. students, Government College of Nursing, Kurnool
4.	Clinical Experience (Psychiatric Experience) cum Orientation Programme on 11.07.2014.	Mrs. K. Pushpa Latha	2 nd year and 3 rd year G.N.M students, R R Christian College of Nursing, Kurnool
5.	Orientation Programme on 28.11.2014.	Ms.E.V.K.Bhagya Lakshmi	Students of Psychology Department, K.V.R. Government Degree College for Women, Kurnool
6.	“Student Exchange Programme” from 19.01.2015 to 21.01.2015.	Mrs. Saswathi and Ms. Liya from IICP, Kolkata	Students, Staff and Parents of Ambika Sishu Kendra
7.	Practical Training as per Dr. N.T.R. University Syllabus from 09-02-2015 to 13-02-2015.	Mrs. K. Pushpa Latha	3 rd Year B.Sc. Nursing Students and General Nursing Students, R.R. Christian College of Nursing and School of Nursing

**Meetings/ Workshops/ Training Programmes attended by
Ambika Sishu Kendra Staff.**

S.No.	Training Programme	Conducted by	Attended by
1.	Awareness Programme on “Networking with NGOs” on 26.06.2014.	Maria Nilayam	Mrs. V. Mary Saroja and Mrs. K. Pushpa Latha
2.	Affiliates’ Meet at Kolkata on 17 th November to 18 th November, 2014.	IICP, Kolkata	Ms. E.V. K. Bhagya Lakshmi and Mrs. D. Krishna Veni

VII . SCHEMES & FACILITIES:

Niramaya renewals, issue of medical certificates and bus pass camp are some of the facilities provided for our children.



Staff Details:**Bindu N Shah****(Hon. Director)**

Sudha D Shah

(Hon. Supervisor)

D. Krishna Veni

(Admin. Officer)

E.V.K. Bhagya Lakshmi

(Sr. Coordinator)**Physio Therapists:**

A. Raghava Raju

K. Pushpa Latha

K.Yella Nagaiah

G.Zaheeruddin

J.Swapna

G.Aliveeli

Speech Therapist:

N. Surendra Babu

Vocational Trainers:

R. Lavanya

M. Parvathi

Art & Craft:

K. Lakshmi

Auxiliary Staff:

Soma Bera

B. Kavitha

C. Valli Kumari

D. Vijaya Lakshmi

K. Manjula

S. Sudha Rani

J. Madhavi Latha

S. Farhana Parveen

P. Madhavi

M. Sunitha

G. Parvathi

K. Sri Vallika

M. Sukanya

Subhashini

S. Suseela

G.Lalithamma

A.Venkateswari

K.Bhagya Lakshmi

K.Venkata Subbamma

B.Sujatha

Special Educators &**Teachers:**

T. Venkataravanamma

K. Nirmala

V. Mary Saroja

G. Aruna

K. Sumitra

T. Aruna Kumari

G. Ramatholsamma

T. Nagamani

P. Rahamath Khatoon

G. Leelavathi

Shaik Imtiyaz Begum

Computer Education:

K. Chandra Sekhar

Catering:

K. Lavanya

G. Lalithamma

Receptionist:

B. Radha

Office Assistants:

P.Nazima Khatoon

K. Hari Krishna

B.Kiran

Attenders:

T. Lakshmi

N. Adilakshmi

B. Yashodamma

Ayyamma

K. Malleswari

C. Mounika

B. Sunitha

B.Lakshmi

B.Maheswari

K.Janakamma

Watch Man

D.Naga Bhushanam

Staff Left:

We thank the following members of the staff who resigned from their posts – during the year for their contribution.

Ms. K. Swetha Rose

Mrs. T. Parameswari

Mrs. V. Radhika

Sad Demise:

We regret to inform that Master Navdeep Reddy, Master Mansoor and Baby of Jyoti(2 months baby) from Out Patient Department passed away. We join their parents in their sorrow and pray that their souls may rest in peace.

Conclusion:

Our activities at Ambika Sishu Kendra are student- centred and parent- oriented as the well being of the former and the acceptance of the latter are vital for the Special Child. The overwhelming support from the well- wishers and the society at large enthuse us to plan new strategies, experiment new teaching methods and bring out the potential of our children. Our motto is:- **“Light a candle. It lights many more!”**

RESPECTFUL HOMAGE



(MANAGING TRUSTEE)

**“The Life Of A Man Consists
Not In Seeing Visions
And In Dreaming Dreams,
But In Active Charity and In Willing Service.”**

